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Writing Proficiency Exam Provokes Discussion

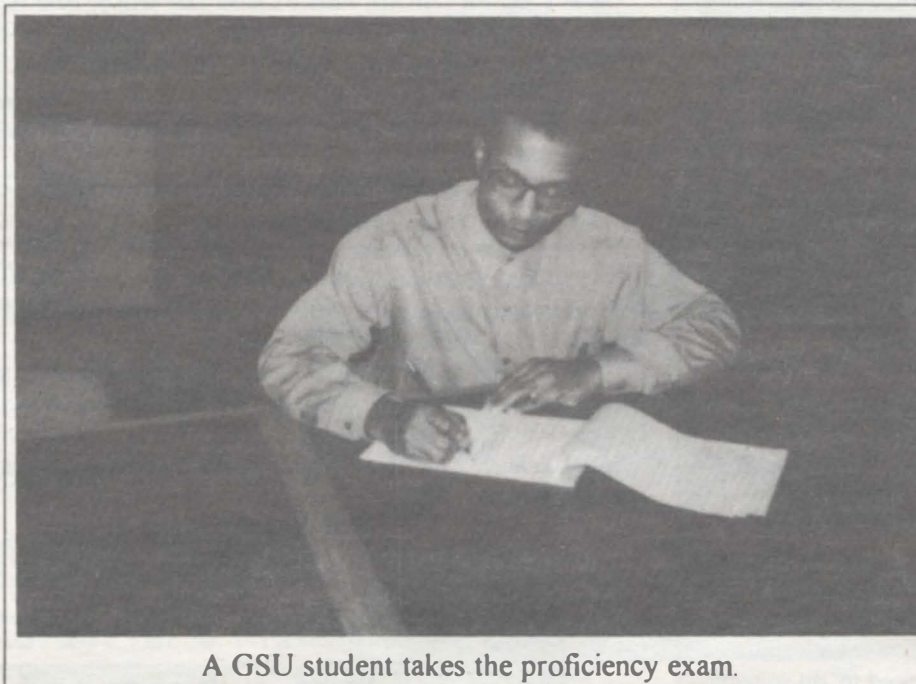
By Jeff Dinelli

For incoming GSU students, a point of concern and sometimes even controversy has been the writing proficiency exams. For years the exams have been criticized and their relevance has been questioned. On September 15, a town meeting was held in the Hall of Governors, and the writing exam was the topic of discussion.

Members of the panel included Dr. Peggy Woodard, Director of Student Development, Dr. Deborah Holdstein of the Humanities Division, and Carolyn Benjamin, the coordinator of the writing tutorial program. The panel was forthcoming with information regarding the history of the writing exams, and a new proposal from a guest expert on writing assessment programs from California State University at San Bernardino, Dr. Edward White.

Dr. Holdstein explained that the writing exam policy dates back to 1983 when a number of faculty members were upset that their students couldn't write effectively in upperlevel courses, despite the fact that these students came from community colleges and four year institutions. A testing exam was invented by an interdisciplinary group of faculty and administrators "specifically for the needs of GSU students and teachers," and was "revamped" in 1987 with help from a consultant from an educational testing service.

The tests are graded by an interdisciplinary group of faculty and administration members, who are all trained readers of competency exams, and could be considered "cutting edge", since it includes professors outside of English, according to Dr. Holdstein. She said the criteria for grading the exams is printed for all to see (those interested should stop by Dr. Holdstein's or Dr. Woodard's



A GSU student takes the proficiency exam.

office), and the standards were negotiated between an interdisciplinary group of faculty and administrators. She added that "One complaint is that the standards are too low, that just because someone passes the competency exam doesn't say much about their ability to write."

Most of the complaints, however, come from people who wonder why there's a writing exam at all. Dr. Holdstein assured the audience that the group of exam evaluators is looking out for the best interests of GSU students. "These people really feel for the needs of our students," she said, "because we know if we can help you write more effectively in your area of expertise and to understand something of the demands of other areas within the University and within the world at large, that you will be more successful in your lives."

The writing exam policy, as it stands currently, is that all undergrads must take

it prior to registering for their second trimester of enrollment. If they don't pass it, they have a couple of options: they could go to the Center of Learning Assistance, where a tutor will help them, or it may be recommended that the student take English 381.

If they pass the writing class, the writing requirement is completed, and students gain three credit hours to boot. If they don't pass the test by the end of their second trimester, they are required to take the class during their third trimester. Students are free to take other classes, but the requirement must be met by the end of the third trimester.

The panelists dubbed this an "interim policy," and since last winter, Dr. Holdstein and Dr. Woodard say they've been trying to decide which direction to go to meet the needs of the students with regard to writing. Dr. Holdstein explained that taking the English 381 course isn't as

bad as it may seem: "What looks like an interim fallback is really worth your time and energy so that you can begin to reengage in what is really a lifelong process of writing, and something that is very necessary to your success."

Dr. White's proposal would require all entering students take a writing course, which would be compatible with their major. Then each student would receive a portfolio assessment relating to the course work, not a test. This course would be different than English 381, in that this would be in the student's field of study. Under the proposal, students could take a challenge exam, which wouldn't be a minimum proficiency test but it would be for exceptional writers, according to Dr. White. Like English 381, the proposed class would be worth three credit hours, and the same kind of writing goals would be involved.

"One argument for such a plan is that its expectations of the students coming in is that they're upper division students and can do upper division work," Dr. White explained. "It seems like a reasonable expectation for an institution of this sort." He added that this has been implemented in institutions all over the country, where there are concerns that college graduates don't write enough. This problem isn't unique to GSU.

The panelists said that the new proposal would have to include workshops for faculty about how to respond to writing more fully, and one consideration may be to grade the course A, B, C, no credit. That way if anyone has problems, they can take the class again without affecting their grade point average.

If students have any proposals, Student Senate is the forum in which to raise them.

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New Signs: A way out of the maze

By Craig S. Hunt

Having problems finding your way around the halls and rooms of Governors State University or giving directions to lost newcomers who feel like mice in a maze?

Well, don't fret. GSU is getting new identifiers and a numbering system for all the classrooms and offices in each building this fall.

The new system is designed to help people find their way to a specific room even if they do not have the letter designator preceding the numbers, according to Mike Hassett, acting director of physical plant operations.

"This is not going to be the end all of getting lost," he said, "but it'll be better than what we have now. People will have a better idea of where they have to go."

Approximately 800 room and office signs will replace the current number plates, and 160 directional signs are to be placed in decisive points throughout the

buildings in order to easily direct students and visitors around campus. Three large "you are here" signs also are going to be placed near some of the entrances. These signs, similar to directories found in shopping malls, will be placed near "D," "F," and a third location at the other end of the main building.

The new signs will be designed with raised letters and the Braille equivalent to the right of the room numbers. The signs will be located in an easily visible location outside of the room, not on the door as they are now. Office signs will be larger than the room signs because they will have a clear plastic window below the number that will encase a laserprinted description or name for the office. These can be easily changed whenever necessary by replacing the paper insert.

The signs will have the original letter designator for a building as the first character as they do now. The second character will be the floor number. The third will be the building or wing again to

avoid confusion if a person doesn't know the building letter. The remaining numbers will be the actual room or office number.

An example of the numbering would work like this: take the number F2601. "F" is the first character and represents the building number; the second number, 2, is the floor number; the third number, 6, is the building or wing number; and the remaining numbers, 01, are the actual room number.

No number will be duplicated, said Hassett, who wanted it that way to avoid any confusion over a room number without the letter prefix designating the building. The signs also are in accordance with American Disabilities Act (ADA) specifications.

Most numbers will be two digits except some offices on the third floor where three numbers are needed. The signs also will be color coordinated for each specific

continued on page 16, SIGNS

GUVVY'S BITS

by Nicole M. Seibt

Is there a song in you? Now you have the perfect chance to let it out. Every Wednesday night from 7pm-9pm, the GSU Jazy Ensemble gets together for a little jam out. This note goes out to all professional and aspiring musians. There are none too great or too small for this group. It is held in the University Theatre and directed by Camuel Cross. Call 534-4010 if interested in further information.

Want Out?.... If you've decided that Aquatics 101 isn't for you, then its about time you'd gotten out of there. Whether the teachers expectations are too high, work and school don't mix, or you need money for a new stereo, you can still withdraw from classes. From September 21 - October 4 you can get a 50% refund for withdrawing from enrolled classes. If you need to, lower your frustrations and get out now while the money's still good.

An apple a day.....Now is the time of year to pick your own apples. Just think of fresh pics, strudals, sauces, etc; mmmmmm. The Country Line Orchard is an apple lovers utopia. Right now, they have 5 varieties of apples that you can pick in the orchards yourself. It's located just a half hour from the South Suburbs in Hobart, Indiana. Call 1-219-947-4477 for directions and picking information. There are other fruits ripe now too: pears, peaches, grapes, raspberries & plumbs)

Volunteer for the homeless.....South Suburban PADS (Public Action to Deliver Shelters) is looking for volunteers to staff their shelters located in 11 churches and 1 synagogue around the South Suburbs. The volunteers help provide food and shelter for the homeless during a 4hr shift. The shelters are open from 7pm - 7am, starting mid-October thru mid-April. You choose your site, your night, and it's only 4 hrs a month. Hurry and volunteer because training sessions are Sept 29, Oct 1, and Oct 10. Call Roe Jaworski for info at 708-798-4282

Looking for that special computer?....or just need to get something type? Look no further. The ACS (Academic Computer Service) has a variety of computers (IBM, MacIntosh, Apple IIc) to choose from, and not only are they free to use, but they're almost always there when you need them. Their hours are M-Th 8am-10:30pm F 8am-8pm, Sat 8am-5pm, Sun 5pm-9pm. who needs an unreliable significant other when you have ACS. (Don't forget that there are typewriters in the Student Center)

"Life is rather like a tin of sardines - we're all of us looking for the key."


Alan Bennett

Gotta Plow

GSU Chronicle

Information gathered by SMA students Michele Wieringa, Leigh Mitrick, Frank Trevino, Matt Schmidt and Sal Medica.

- *Student Senate will have an open meeting on Oct. 13 from 3-4:30 p.m. In the Hall of Governors.
- *A Walk for the Homeless will begin at 9:30 a.m. from the 2nd Unitarian Church on Oct. 21. The Church is located at 636 West Barry in Chicago.
- *Arts and crafts fair - 6th annual - sponsored by Civil Service Senate on Oct. 21, from 11 a.m. to 4 p.m. in the Hall of Governors.
- *Discount movie tickets are available from the Student Life Service Desk (A 2100).
- *All professional and aspiring musicians interested in the Governors State University Jazz Ensemble are invited to meet in the University Theatre on Wednesday nights 7:00-9:00. For more info call 534-4010.
- *A "How to Start Your Own Business" seminar will be held Friday, Oct. 1, from 9 a.m. to 4 p.m. Call 534-4929 to register. \$45.00 registration fee includes lunch and materials.
- *Spec's Annual Criminal Justice Career Day will be held Wednesday, Oct. 6 from noon to 3:30 p.m. in the IUN Conference Center. This even is free of charge to all students.
- *Full time jobs listings are found on the board next to the Division of Humanities and Social Sciences Office in east building.
- *The Visual Arts wall posts various art competition listings, local gallery exhibits, fine arts calendar and local lectures.
- *Questions regarding computer viruses? Contact academic computing at ext# 5370 for information. They will also get rid of any viruses for you.
- *Resume writing workshops will be held on 9/29, 10/7, 10/11. Register in room C3500.
- *Job seeking strategies workshops will be held on 10/19, 10/27, 11/4, 11/8, 11/17. Register in C3500.
- *Note taking and listening skills workshop will be held on 10/6 from 2-4 p.m. in room B1400. Register in the Student Development Office or call ext. 5030.
- *A Proficiency exam workshop is available covering some of the following areas: scoring criteria, testing tips, planning strategies, writing, revising, proofreading, structure and common errors. Visit room B1400 or call ext. 5030.
- *A Proficiency exam workshop for Math 1 (arithmetic skills) will be held Nov. 23 and Dec. 2. Visit room B1400 or call ext. 5030.



August Employee of the Month

Barbara Lane has been named the GSU August Employee of the Month. Lane was nominated by the Acting VP-Administrator, Linda Heiser, at the A&P unit of GSU. Commenting on the nominee, Heiser said: "During the hectic time of interviewing candidates for the university, Barbara is one of the individuals assigned to picking up and delivering candidates from and to the airport and hotel," furthermore, "One of the candidates told me that she was a wonderful ambassador for the university. I am proud to have her in the administrative wing." Congratulations to Barbara Lane.

Career Services Spreads The N.E.W.S.

Career Services is pleased to announce a new computerized database of employment opportunities called N.E.W.S. (National Electronic Wire Service). The program runs on a PC located in the Office of Career Services, room C3500. The database contains employment opportunities across the United States, with a concentration in the midwest. The system is very user friendly utilizing pull down menus. Students set the parameters to conduct a search of available opportunities. After the student has told the computer what type of position they are looking for, the system will conduct a search, pulling up all appropriate positions. Students can view the job description and information on the specific company in preparation for the interview. Students can browse the information or send it to the attached printer for future reference. We receive 46-50 updates of new information a year, or almost once a week. Please stop by the office to see the new system. No appointment is necessary.

Xword... FROM HELL

by Karl Rademacher

1. Dan Quayle's favorite veggie

2. _____ pending.

3. _____ Park

4. As slow as _____ in Winter

5. "Slick Willie"

6. Where the pyramids are.

7. Guccioni's magazine.

8. Nocturnal blood sucker

9. Flower

10. Stop at bridge, pay _____ (from fairy tale)

11. Lethal

12. The space between the Federation, Romulan and Klingon Empires.

13. Politically _____

14. Ricardo just loves " _____ Leather"

15. Desert plant

16. The knife that slices, dices, cuts 2x4's and never goes dull.

17. A SAM is a type of _____

18. _____ amendment protection against self-incrimination.

19. Pistons use _____ rings to seal against the bore

20. ceremony for new royal leader

21. An apparition, there were nine in Tolkien's world.

22. A riddle.

23. A _____ of boy scouts

24. Boris of Russia

25. What Clinton will be in 1996

26. One person cards.

27. _____ n' pepper.

28. Large stellar bear

29. Biological study of species interdependence with environment

x	t	p	e	f	i	n	c	u	m	b	e	n	t	q	r	a
e	d	u	c	w	h	z	o	d	a	n	i	s	t	l	e	y
c	o	m	p	r	e	s	s	i	o	n	w	a	r	t	e	t
o	e	t	l	l	c	v	m	i	t	y	u	a	z	b	s	i
l	t	r	a	j	i	k	i	r	w	a	f	p	n	l	e	s
o	r	o	w	t	h	w	b	e	j	y	n	a	s	o	z	r
g	n	l	i	o	o	n	d	r	a	p	e	o	r	s	k	e
y	f	l	e	x	i	p	a	t	e	n	t	x	r	s	s	v
j	i	m	m	y	c	a	r	t	e	r	f	g	q	o	a	i
h	c	i	s	u	x	i	t	e	l	i	s	s	i	m	c	n
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w	t	h	y	d	o	o	n	t	y	o	u	s	j	t	m	p
o	h	f	f	a	t	i	n	a	l	l	u	b	r	i	a	d
g	i	e	a	n	d	s	d	o	t	o	h	r	w	m	o	e
r	a	l	d	a	f	o	a	v	h	p	o	r	g	f	a	r
g	n	g	l	t	v	n	i	t	c	t	o	i	o	r	y	i
i	s	s	o	c	l	o	n	s	c	e	n	o	i	s	f	a
m	o	l	a	s	s	e	s	t	h	e	i	s	r	u	h	t
a	p	p	e	n	p	s	c	a	n	t	r	u	c	t	d	i
a	t	b	u	u	r	s	a	m	a	j	o	r	c	c	k	l
o	i	c	a	n	h	y	u	m	s	t	b	b	o	a	l	o
n	e	u	t	r	a	l	z	o	n	e	i	n	d	c	e	s

September Employee Of The Month

Laird Hartley has been named as Governors State University's September Employee of the Month. Hartley is an offset press operator at the B/O print shop. He is well regarded in his office. He often comes in early and stays late in order to get some of the rush jobs out. He always gives his full attention to jobs and puts in a great deal of overtime. He maintains a good attitude with his co-workers. Congratulations to Laird Hartley, GSU's September Employee of the Month.

GLOBAL HUMAN RIGHTS WATCH EAST WEST

SERIES

About KOSOVA... (Ancient Dardania)
Opinion by T. Dean Fidan

Kosova, a formerly autonomous province and a federal unit of the now defunct Yugoslavia, where ethnic Albanians make up 92 % (2.5m) of the population, with another 40 % (1m) of them living in Macedonia, is struggling to free itself from the Serbian rule imposed in 1989. Proclaiming itself a Republic (Sept. '90), Kosova unanimously elected a democrat, Dr. Ibrahim Rugova as president (by secret-ballot with world forums' vanity), who is a strong advocate of a peaceful approach in resolving the Albanian-Serbian conflict. Still under occupation, Kosova's ethnic Albanians have established quasi-governmental institutions acknowledged by the West, but violated by the Serbian war-criminals in Belgrade.

Kosova, the site of the 1389 crushing defeat by the Turks of it's medieval kingdom, where allied Serbs and Albanians fought the invading Turks, is a historical and a psychological complex which embodies myth and magic. Kosova's Kings and Heroes combine and compose precipitating attachments with long endearing memories for its duelling inhabitants. Kosova's Serbs (8%) with the help of Belgrade made concerted efforts to convince the world that this is a religious conflict between Christianity and Islam. Unsuccessful at this, since Albanians are Moslem, Roman Catholic, and E. Orthodox, and considered the most tolerant nation in the Balkans —with secular political traditions, Serbs then resorted to outright military inva-



sion. By the beginning of 1992, Serbia had created an apartheid system in Kosova. Yet even under these conditions of police and military occupation of the region, Albanians organized the first multiparty elections (24 May 1992), gathering a representative 140-seat parliament (including 14 reserved seats for the hostile Serb minority). Hence, Belgrade authorities find themselves in the unenviable position whereby Albanian masses go about their daily affairs without deference to Serbian military occupation. The only authority that the Kosovars seem to recognize is that of their elected government ably led by Dr. Rugova. A close associate of Rugova, Bujar Bukoshi, nominated as prime minister in 1991 and since in exile, has effectively presented Kosova's case in the international arena.

Attention has centered on the likelihood that ultra-nationalist Serbs led by Milosevic may extend their Nazi-like ethnic cleansing campaign into Kosova. The international community is faced with a harsh but clear dilemma: either it halts Serbia's aggression in Kosova or it faces the consequences of a general Balkan war

with reverberations as far as Central Asia. The ominous scenario puts the traditional ties between Albania-Turkey-Italy against Serbia-Greece-Russia, reminiscent of, an old... but gruesome conflict. There is a close convergence of views between Serb and Russian ultra-nationalists (who may be tempted to imitate Belgrade's ethnic cleansing campaign of ex-soviets. Caucasian region?). Aside from destroying the newly initiated democracies in Albania and Russia, the Serbian precedent, threatens to embroil the whole world into an ongoing conflict with strong implications for nuclear catastrophe. Thus timely non-intervention in Kosova may turn out to be more costly for the West than a well-considered intervention (preferably by diplomacy). One of the best conceivable solutions is to place Kosova under the UN protection. This, followed by... enabling constructive negotiations... might, possibly help avert another global tragedy (Bosnia). Hence, it would also in all fairness, equally divorce Kosova's unhappy citizens... duly proportionate to their inhabited lands and approximately in line with their wishes.

Monsoon Over The Prairie

I have watched the recent rains in Illinois and the Midwest with the utmost curiosity. For brief moments I get transported to India where the monsoon this year coincided with the start of rains here.

Much of the reaction in the United States has been a dismal resignation to an alien phenomenon. For an "alien" from the Indian subcontinent it is definitely a sign from home!

For me the rains hold special meaning. In a Native American way I feel this most absolute integration with one of the basic elements of our universe. Perhaps it has something to do with the fact that I was born in the south Indian state of Kerala. A veritable paradise, dotted with palms and undulating beaches as far as the eye can see...and where a day without a brief spell of rain, even in the off-season is certainly not a good day!

Just as the new football season here has fans sniffing the air with eager anticipation, so does the arrival of the monsoon in India set the hearts of many an Indian aflutter. Farmers scan the skies for the harbinger clouds and politicians chew on their political nails in nervousness. Many a drought has seen many a demise of many a politician!

As the first fresh drops hit the thirsty ground, the newborn earth comes alive with an evanescent smell.

Many get wet in the first rains. It is tradition and for many it is auspicious. Little children frolic on the streets holding up their faces to the rain and shriek in joy. Hot cups of tea do the round with pithy oily snacks... And thus the days pass.

Rains bring sorrow too in their wake. Floods and devastation. The Mississippi rose in fury this year. In India it is the mighty Ganges and the Brahmaputra which wreak havoc.

I will leave you on a note of poetry then, to complete this season of rain.

I - MISSISSIPPI

The mighty Mississippi is in spate,
her hidden swollen eyes
spill the sorrows
of years, and her tears
form rivers, rivers which
chart paths of their own
mindless of all.

When the river finally retreats,
the battlefield
soaked of mud, reveals
its bare soul, broken
bodies and bloated homes.

Rivers have their own
minds, own lives,
they rise and fall
to a rhythm, unknown
to humans.

II - THUNDERSTORM

Night becomes day
as a streak of lightning
peels the dark sky,
engorged clouds come alive
on wet trees, bracing
like shell-shocked soldiers
near the twilight trench of battle,
braving bruntly the
blunt bombardment of
giant raindrops,
rolling thunder sweeps
the prairie, shaking in fury
window, will and world

And then it is over,
as quickly
as it began.
The night falls silent
with the brief
rustle of a wet leaf
halted in stride.

RAMESH S PAI

Affairs Of State

T.V. Time

by Terry Crane

While watching this Old House last night, I was overcome by a sudden urge to get a couple of cargo jacks and level out some sagging ceiling joists in my living room. My wife, saw my dilemma and pried the remote control from clenched fist and changed the channel.

Such a slave am I to the influence of television. So are we all apparently, according to the far right and far left among us who have recently put their collective heads together and missed yet another point in monumental fashion.

Violence, sexual promiscuity, and foul language on television promote the same behavior in the masses.

Consider the inverse of this argument: wholesome, good-hearted programming will entice individuals to behave in a good-natured easy-going way.

Therefore, I will be more prone to behave myself in society if I

watch Shining Time Station with my kids. I will become a moral, relaxed and well respected individual if I emulate Sheriff Andy Taylor, patrolling the streets hand in hand with the local school-niam.

Perhaps it is not the television programming that molds us, maybe we gravitate to shows that reflect our own values, peak our curiosity or provide us with information. Maybe, just maybe we are, as politicians and social architects tend to forget, thinking individuals.

Consider this fact: Barney and Disney consistently make up over half of the top twenty video sales.

Even so, programming that is considered violent by most people is a popular source of entertainment. It is too easy to consider the violence of these programs as the only attraction. By doing so, the one element on which almost all of them are based, is omitted, the part where the bad guy gets it. Isn't this the real attraction? Tell me you didn't feel good any time

the Equalizer kicked some drug dealer's butt?

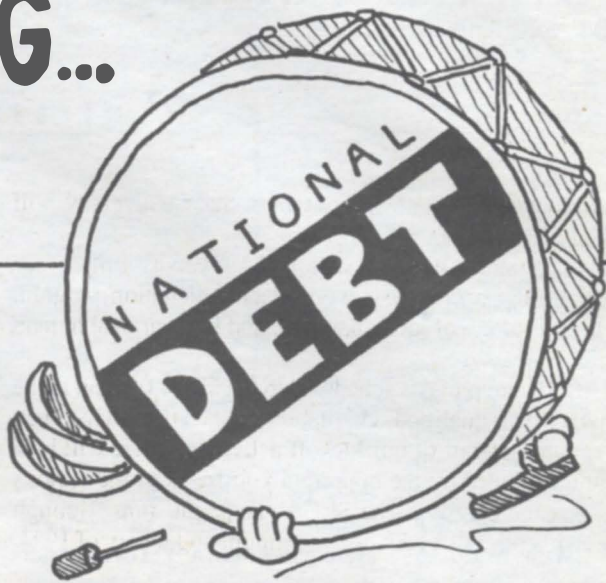
Maybe people enjoy this type of program because the conclusions represent what people want to see in reality. This is, perhaps, an emotional response to the violence that does matter, the violence that does have an effect, the violence we hear about on the news and read about in the paper. Innocent children gunned down in gang shoot-outs, rapes, car-jackings, assaults, robberies and a host of others. Crimes that happen, not because of some cop drama, but because bad people did bad things.

We as individuals may be powerless to stop these criminals but the lawmakers of this country are not. However they attempt to curb violence by charging the windmill of television programming, they might as well be powerless.

We all have the ability to turn off the T.V., unfortunately we can't simply turn off violence in society.

Viewpoints...

IT KEEPS GROWING
AND GROWING
AND GROWING...



©W. KLOSKE '93 "THE INNOVATOR"

Letters

Thanks For Help With Problem

It seems to me that I always hear students complaining about things that have gone wrong at GSU. I would like to tell you about something that went very right for me.

Through a misunderstanding on my part, I had registered for a teleclass that would not fulfill the requirement I needed it to fill. I did not know until I got the student packet that Shakespeare-the telecourse-did not fulfill the Shakespeare requirement for my English major. This was a problem all on its own, nowhere in any printed literature does it say that the telecourse will not meet the requirements for Shakespeare for English majors-

But all this is beside the point--the point is that 3 people in this college stopped everything that they were doing to make sure that things went smoothly. I had a problem that was HUGE to me, my whole schedule had to be changed 2 days before classes started. Sally Petrilli in Media-Based Instruction was immediately very concerned about my plight and took me along to a meeting that she had with a man who could help me. Help me he did, and his name is Sonny Goldenstein, Division Chairperson of Humanities and Social Sciences. He and Sally took time out to rearrange my schedule so that I could take Shakespeare, the class and not Shakespeare the

teleclass. My advisor, Patricia Koutouzos, gave me a quick audience to make sure my new schedule met all my requirements. What it boiled down to is this: 3 people with very little time to spare dropped everything to make sure I was taken care of to my satisfaction. And very satisfied I am!

Thank you Sally, Sonny, and Patricia for making my first big problem of my first big trimester so easily resolvable. And a word of advice to other students -- its not the problems that you should remember, but the people at GSU who may have gone out of their way to help you that should stick in your mind.

Avalon Zakazakina

A Note About Our Last Issue

Technology can be a wonderful thing, but over-reliance can be dangerous.

While I have heard such statements several times over the past year in my Media Communications classes, it only really hit home as we were preparing our last issue of the Innovator.

The day our lay-out process was to begin, the floppy disk we were using to store articles went berserk. Only about a third of the stories were usable at all, and they all needed modification.

Only hours before, we noticed the hard drive on our main computer was acting up. While we thought we had a quick-fix solution, eventually we had to remove all our software and re-install it.

Anyone who has had experience with newly installed software may know that once it's on the computer, it's not necessarily ready to use. I did not know that before, but now I do.

Anyway, ultimately we did publish an issue, unattractive and error filled as it was. For those of you who took the time to remind me that it did look bad, thanks for noticing, and I hope I can stir some unpleasant recollections for you some day.

But, more seriously, I sincerely apologize to any contributor whose story got mangled in the process. Nothing is more irritating than spending a great deal of time and effort on a piece of writing only to have it turned into a garbled mess.

After being an editor for a while, it seems to be an unfortunate fact of life that some typos always slip by. Hopefully, it won't happen on such a grand scale again.

The Editor

Thanks For Hiring Help

On behalf of the School Psychology Council, I would like to thank Diane Kjos, Judith Cooney, Shirley Grant, and other faculty and staff of the Counseling and Psychology Department for their tremendous effort expended during the process of hiring a Director for the School Psychology Program. This mammoth undertaking from the initial search to sorting through endless stacks of resumes and vitae, narrowing down of potential candidates, coordinating with administration and faculty members for interviewing, and the final decision-making process has taken considerable time and effort on the part of these people and is greatly appreciated. Their generosity in devoting much of their time and effort is highly commendable.

Again, thank you, Dr. Kjos, Dr. Cooney, Shirley Grant, and all those who have participated in this search for a job well done.

Linda Marie Peters

Do you have words to share?

The Innovator is always interested in your opinions and ideas. Letters to the editor that are typed and under 300 words will receive primary consideration, but others will be considered as well. Letters must be signed, but names will be withheld on request.

GSU INNOVATOR
SERVING GOVERNORS STATE UNIVERSITY
SINCE 1971
MEMBER OF THE ILLINOIS COLLEGIATE PRESS
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ANNOUNCING...

SECA Is Coming

By Kelly McCarthy

On Wednesday, October 6, 1993, Governors State University will kickoff its annual SECA campaign.

What is SECA? It stands for the State and University Employees Combined Appeal - the once-a-year work-place solicitation program that benefits a broad variety of local, national, and international human service charities.

The 1993-94 SECA campaign is scheduled to begin at 1:00 p.m. in the Hall of Governors. Ten qualified, charitable organizations have been invited to our campus as part of our kickoff activities. There will be a short presentation followed by the opportunity to speak to the various representatives of each charity. The SECA campaign runs through mid-November with payroll deductions beginning in January of 1994.

The SECA committee has planned a few interesting activities throughout the campaign in order to ensure that this will be the best drive in GSU history.

SLAC Awareness Day Is Oct. 19

by Janie Kocman

The Student Life Advisory council, SLAC is preparing for SLAC AWARENESS DAY to be held October 19. Included in the day's activities will be entertainment and "give-aways". The purpose of SLAC AWARENESS DAY is to inform the student body of the many varied activities of the seven SLAC committees and to give students an opportunity to join one of the voluntary committees--Special Events, Multicultural Enhancement, Model United Nations, Leadership Development, Clubs & Organizations, Recognition, and Intramural & Recreation.

The day's events will take place in the Hall of Governors, October 19, from Noon until 7:30 p.m.. The Student Life Advisory Council, SLAC,

Come see what SLAC is all about. Join a committee--be an active part of the University.

GSU-SEA Is Coming

The petition for the National Education Association Student Program (NEA-SP) is in. In the near future, the Governors State University Student Education Association (GSU-SEA) will become an official recognized organization on campus. The GSU-SEA is an additional vehicle to enhance the educational experience for the students majoring in education as well as those students who are leading to a career that may service the needs of students.

With over 14,000 locals and more than 2.3 million members across the country, NEA-SP can provide you with valuable experience during your college years. Members get news about key educational trends, movers and shakers in the educational reform movement, and your colleagues'

activities across the country. GSU-SEA will become a part of this large network comprised mainly of teachers as well as counselors in education, secretaries, and other support personnel.

The GSU-SEA plans to hold several workshops during the year. Some of these workshops will consist of prominent national speakers as well as local speakers. Some topics include portfolio assessment, collective bargaining, the legal ramification of teaching, education reform, universal certification, and many more. Plan to get involved in your career. If there are any topics you wish to hear or that may be of interest to other student, feel free to submit those suggestions. Look for additional information or contact the Student Life office for further information.

4th Annual Walk For Homeless

To focus media and public attention on the added hardships winter brings, an 8 kilometer walk will be held at 9:30 a.m. Oct. 16, starting at the Second Unitarian Church at 656 W. Berry.

The walk is being held to inform about what is currently being done to help and to raise money for service providers working to aid the homeless.

Sponsors include the Open Door, Genesis House, Chicago House, Lincoln-Belmont Pantry, Neon St.

Center for Youth and 'Address Unknown'- a project of the Illinois

Coalition to End Homelessness.

FOR INFORMATION / PLEDGE SHEETS CALL 312/568-8109.

Copyediting Internships Offered to College Students

College juniors, seniors and graduate students who would like to spend the summer of 1994 crafting headlines and news stories on a copy desk are invited to apply for the Dow Jones Newspaper Fund's 1994 Editing Intern Program. The application deadline is Nov. 15, 1993.

The program offers a limited number of \$1,000 scholarships to selected students, a paid summer internship at a daily newspaper or news service and two weeks of pre-internship training on a college campus. Last summer, 63 scholarship and internship winners worked for more than 50 newspapers and news services. This year the program will intensify its efforts to attract students to work with community newspapers.

Participating newspapers included the *Cape Cod Times*, *The Boston Globe*, *USA Today*, *The Washington Post*, *San Jose Mercury News*, *The Columbus Dispatch*, *Detroit News*, *Detroit Free Press*, *San Antonio Express-News*, *The Kansas City Star*, *Star-Tribune*, *The Ledger of Lakeland*, Fla. and *The Wall Street Journal*.

Centers for Editing Excellence, where interns received their training, operated last year at Temple University, Philadelphia; Virginia Commonwealth University, Richmond; University of Missouri, Columbia; St. Bonaventure (N.Y.) University; and San Jose State University.

Applications are available from journalism schools and departments, campus placement offices or by calling the Newspaper Fund's toll-free number, 1-800-DOWFUND. Students may also write to the Fund at P.O. Box 300, Princeton, N.J. 08543-0300 or call, 609-452-2820.

THE ELIE WIESEL PRIZE IN ETHICS

1994 ESSAY CONTEST:

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THIRD PRIZE: 1,500

TWO HONORABLE MENTIONS: \$500 EACH

THEMES: Identify and Respond to the Most Critical Ethical Problem

in Government, Professional or social Life. Identify and Respond to the Ways in Which Great Writers Have Addressed Contemporary Ethical Dilemmas.

The Elie Wiesel Foundation for Humanity sponsors an annual es-

say contest for "undergraduate" seniors in colleges and Universities throughout the United States.

The essay should be in 3,000 to 4,000 words in length. It may be developed from any point of view and can be in the form of a case study, a personal experience, or an analysis that is literary, philosophical, historical, biographical, sociological, theological, or psychological. Essays must be original and unpublished.

The essays must be submitted on behalf of the student by a college or university administrator or faculty member. No more than three

essays are expected from the same institution.

Deadline: entries must be postmarked by January 14, 1994. The Elie Wiesel Foundation For Humanity, 1177 Avenue of the Americas, 36th floor, New York, NY 10036.

At GSU... Forms for the contest will be available for students at the office of the "dean of student services" room 1600, phone: (708) 534-4516.

"The Spirit Of Peace" Performs at GSU

by Janie Kocman

With the daily news of violence and shootings all around us, what a joy it was to experience "The Spirit of Peace" Thursday, September 9, in the University Theater. Young and old alike joined the sacred circle to share the songs and dances celebrating world unity. The ethnic group--Vasudeva, Olga, and Vitaly--from St. Petersburg, Russia, along with their American guide, Radha Tereska Buko, were teaching about Russian culture that we might learn about others from their homeland.

Dressed in traditional costume and accompanied by authentic Russian instruments (drums, guitar, and balalaika) the performers



entertained two well-attended shows with music, folksongs and

a slide presentation of Russian like. The audience and performers joined hands and voices to sing "Peace be with you, and with you be peace". I was mesmerized by the smiles on the faces of those in attendance and the feeling of peace I experienced during the program. It was only a small beginning, but with such an important message maybe the Russian performers U.S.A. tour will be able to spread Universal Peace.

Thanks to Student Life Division and the Special Events Committee for co-sponsoring this Welcome Week program.

Broughton Elected to NEA Board of Directors

The National Education Association (NEA) Student Program celebrated its 10th Anniversary with an energetic conference that drew over 150 student members. This year's conference was held in San Francisco, California from June 25th through June 28, 1993.

At this conference the members elected three student members to represent them (50,000+) on the NEA Board of Directors. LaMarr Lance Broughton, from Illinois was elected as well as Teresa Richardson from Virginia and Jen Gudmundsson from Washington.

The NEA has a membership base of 2.3 million members making it the largest professional organization in the United States. The 150 members on the NEA Board of Directors are charged with exercising leadership in interpreting the policies and governing documents of the NEA.

Broughton is a student at GSU majoring in Elementary Education with a concentration in Mathematics. Broughton has been a member of the NEA since 1989. While living in Virginia

and attending Old Dominion University, in Norfolk, Va., Broughton was elected to serve as the State President of the Student

Education Association Student Advisory Committee in 1990 and again in 1992. Broughton was appointed for a second time to serve



Teresa Richardson, LaMarr Broughton, Jen Gudmundsson

Virginia Education Association. While serving as state president, he also served on the Virginia Education Association Board of Directors. He was appointed to serve as one of nine members on the NEA Student Advisory Committee for the 1989-1990 school year. After returning to his home in Illinois Broughton remained active in the Association and was appointed to serve on the Illinois

on The NEA Student Advisory Committee for the 1992-93 year. For the 1993-94 school year, Broughton will serve on the GSU Student Senate, the NEA Board of Directors, the IEA Board of Directors, and the IEA Student Advisory Committee.

"I have a strong commitment to education. I believe that every student has the right to an equal and equitable education. We as

future teachers must ensure that we are able to deliver that type of education to each and every student without malevolence or prejudice to any student for any reason," says Broughton. Becoming involved in the NEA as a student will aid future teachers in acquiring the additional knowledge they need in order to have a better understanding of school policies and politics as well as various teaching techniques and experiences. This additional knowledge will make the teaching experience of all the teachers more pleasant because the teachers will fully understand how the politicians and school administrations affect their career.

Watch for a NEA Student Program on your campus. If there is not a program on your campus contact the national office or the state office to request additional information on setting up a program on your campus. IEA office 1-800-252-8076. NEA office 1-202-822-7915

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Nurse Helped By GSU Instructors

As the nation focuses on its health care needs, Gaile Nellett prepares to step into a new nursing career.

The Minooka resident begins her preparatory work for a doctoral degree in community health administration at Loyola University's Niehoff School of Nursing. The 1993 bachelor's degree in nursing graduate at Governors State University has been accepted into a doctoral program, given a graduate assistantship and received a tuition fellowship.

Nellett said she will need additional credit hours because she has not completed a master's degree, but she has been accepted into the doctoral program because of her background and past academic work.

After receiving an associate's degree from Illinois Valley Community College in 1974, Nellett began her nursing career at the Community Hospital of Ottawa where she has worked for nearly 20 years. She started as a staff nurse and then transferred into the psychiatry and addictions units

where she's served as nurse manager and program Nellett also has been a consultant to nursing and addictions/psychiatry staff members for an agency in Chattanooga, Tenn. She has provided community education programs in mental health and addictions the past 16 years, and been a volunteer for the Ottawa Area United Way and Operation Snowflake, a drug prevention program for young children.

"I'd been trying for several years to complete my education," Nellett explained. She enrolled in the bachelor's degree in nursing program at GSU part time in 1987.

Nellett admits it's been many long drives from

Ottawa to GSU, but cost was a factor, and GSU has one of the lowest tuition rates in Illinois at \$77 per credit hour for undergraduates.

Her GSU classes were "real eye-openers for me, and I think I've learned a lot from the (student) population as well as the coursework. And," she adds, "I've had excellent instructors."



Gaile Nellett

Simon Wants To Curb TV Violence

Americans' concerns about the effects of television violence on society could result in new Congressional restrictions.

But two Governors State University professors are questioning the proposals.

Sen. Paul Simon, D-III., three years ago sponsored the Television Violence Act that allowed the major television networks

to self-regulate the industry's use of violence on TV. The move has resulted in the major networks including a parental discretion advisory on shows and movies considered to have an extensive depiction of violence.

Sen. Simon calls that a good first step, but warns the industry must continue its work of self-restraint or Congress will legislate action. He warned industry leaders in August that Congress will begin "pushing hard" for specific regulations in October if they did not move ahead with specific guidelines.

Although no member of Congress has argued for formal censorship, congressmen do propose legislative action.

Suggestions include everything from a toll-free number to complain about violence, to eliminating the advertising tax deduction to sponsors of programs deemed too violent. Others want tougher action.

"No one suggests that there should be no violence on television. A film on the Civil War is likely to have violence," the senator says.

"But there should be less violence on the screen, and more important, it should not be glamorized," the senator said. Showing violence whets one's appetite for more violence, he argues.

"One intensive study covering 22 years shows that the greatest single indicators of violent behavior at age 30 -- more than other indicators, such as economic status, broken home, low IQ, or race -- is the amount of television watched at age eight," the senator notes.

Dr. Michael Dimitroff applauds the senator for taking a stand on the issue. "If the people demand that things be done, they will be done," he says.

But the professor adds a caution. "I really think he's (Sen. Simon) opening a can of worms. Can you legislate morality? Yes, we pass laws all the time that set a code for society, but in this case, it's a forest fire and he (Sen. Simon) has a bucket of water."

The professor of psychology and counseling sees an ethics code for the TV and movie industry as a moral issue that has been left to industry executives for regulation.

Dr. Dimitroff points out that in the 1920s, pornography was openly available until the League of Decency was organized and spoke out against objectionable films. The league, representing Catholic and Protestant churches, established a rating code for movies.

Since the league's demise readings been left virtually industry which, the professor says, "has no

objection to depicting unrealistic violence and gore, and presenting women as chattel."

Those who attempt to speak out on the violence and the need for a stricter moral code are chastised as "religious fanatics who are bigoted, racist and single minded," the professor argues.

He wants to see parents take on the responsibility of monitoring their children's viewing, and churches to take an active role again in movie ratings.

Professor Walter Perkins agrees that parents need to step in, but adds, "I don't think the television can influence my children more than I can."

He doesn't agree with congressional proposals for censoring one's creative work, no matter how offensive. That, the professor says, would be "a chilling effect that limits First Amendment rights. I don't think it's realistic. It's one of the areas that doesn't lend itself to government legislation."

Americans enjoy their freedoms. The recision of Prohibition-era laws proved that we prefer to regulate our needs and wants, the professor of media communications points out. "People have to self-censor. Government can't protect them from something they want to do."

Movies and television are "art imitating life and life imitating art. It is so instantaneous and so global it's hard to tell sometimes," he adds.

EDUCATIONAL OFFERINGS

Workshop Offered: "Donne & Metaphysicals"

This workshop will have poetry lovers discovering the British poet's transformation Oct. 15 and 16 at Governors State University. John Donne has been called one of the great poets in English literature. This course will focus on Donne, his times and their impact on the 20th century.

It was during Donne's time that Britain's highly secular universe went through what has been called a Renaissance of learning, according to adjunct professor Willis McNelly.

It also was a time of great religious turmoil, as well as political and international intrigue. Donne examines all these facets in his poetry. But later, Donne's views change radically, and he becomes one of the most penetrating religious poetry writers in England as he speaks of his relations with the Diety, McNelly explains.

The noncredit fee for this course is \$100. Tuition for this one credit-hour course is \$152 for undergraduates and \$156 for graduates. Reservations are being accepted by the GSU Office of Confer-

ences/Workshops and Weekend College at (708) 534-4099.

Videoconferences for nurses...

...on shock and trauma treatments are being offered Oct. 14 at Governors State University.

Experts from around the country will offer their knowledge to participants through satellite relays. Nurses also will be given the opportunity to ask questions of the panelists.

"Shock: New Opportunities for Recovery" will meet from 9:30 a.m. to noon. While most of us identify shock with the emergency room, all patients experiencing life-threatening illnesses potentially face shock. Participants will learn how to apply appropriate and timely interventions, and discuss and analyze controversial therapies, terminologies and classifications, and the implications of shock.

Guest speakers will be Thomas Ahrens, clinical specialist in critical care at Barnes Hospital in St. Louis; Cathy H. Rosenthal, clinical nurse specialist in pediatric and critical care, and pharmacist Gregory Susla at the National Institutes of Health; and Dr. James

Tuchschmidt, chief of the Department of Medicine at the Veterans Affairs Medical Center in North Chicago.

"Trauma: Beyond the Golden Hour"...

...will be presented from 1 to 3:30 p.m. Medical staffs dealing with traumatized patients must make quick, accurate treatment assessments to prevent complications and promote recovery. This videoconference focuses on the challenges healthcare professionals face during the critical care phase. Current standards of practice and research of trauma care will be incorporated into the discussion. Panelists will focus on a variety of topics including nutritional and metabolic therapy, challenges and needs of pediatric and elderly trauma patients, pain management, and research priorities.

Guest speakers will be Melissa Miccolo, vice president of adult critical care at Dartmouth-Hitchcock Medical Center in New Hampshire; Diana Fendya, trauma nurse specialist at Cardinal Glennon Children's Hospital in St. Louis; Diana Mikas, neurosurgical clinical nurse specialist at Har-

bor-UCLA Medical Center in Torrance, Calif.; and Susan Budassi Sheehy, instructor of surgery at Dartmouth Medical School in New Hampshire.

Nurses attending these videoconference will earn continuing education credit through the American Association of Critical-Care Nurses (AACN).

The registration fee is \$60. Reduced fees are available for AACN members, and students at co-sponsors Governors State University and Loyola University of Chicago. Registration includes lunch and materials. To make a reservation, call the GSU Office of Conferences/Workshops and Weekend College at (708) 534-4099.

Classes on Computers

Governors State University offers the chance to sharpen your computer skills through five workshops offered during October on the University Park campus.

"Introduction to the Macintosh" meets from 1 to 5 p.m. Saturday, Oct. 2. This basic course helps users become acquainted with the Macintosh. The fee is \$50.

"Lotus 1-2-3 Release 2.X Introduction" DOS version offers instruction in creating, saving and printing financial statements, sales reports, inventory sheets and more. The fee is \$195.

The basics for those who want to prepare brochures, fliers, newsletters and other information pieces will be offered in the "PageMaker for the Mac" course meeting from 1 to 5 p.m. Saturdays, Oct. 9, 16, 23 and 30. The fee is \$290.

"PC DOS" is recommended for spreadsheet and database users. Students with portable and laptop computers are invited to bring them to class. The course meets from 9 a.m. to noon Saturdays, Oct. 30, Nov. 6, 13 and 20. The fee is \$195.

"WordPerfect--Advanced" includes instruction in graphics, macros, fonts, tables and more. Students must be familiar with "WordPerfect--Intermediate." The advanced class meets from 9 a.m. to 4:30 p.m. Saturdays, Oct. 16 and 23. The fee is \$195.

For registration information, call the GSU Office of Contract and Training Services at (708) 534-4088.

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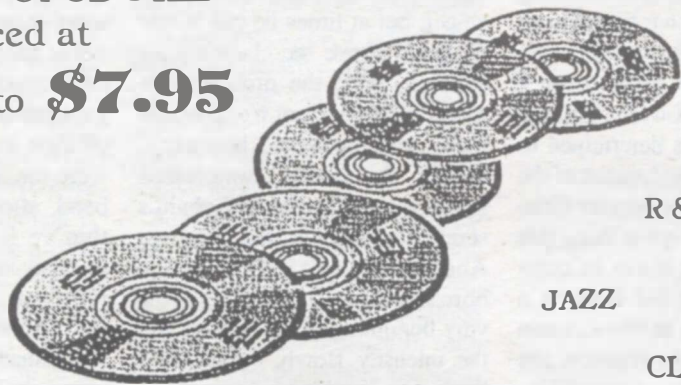
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80/94 (in front of Sam's)

Course Looks At Nursing

Critical care nurses can prepare for certification through a seven-part "Foundations in Critical Care Nursing" course.

The course meets Fridays, Oct. 8 through Nov. 19, from 8 a.m. to 4 p.m. at St. Joseph Medical Center in Joliet.

The review course is required of nurses who want critical care nursing certification. It covers cardiovascular, pulmonary, endocrine, hematology, immunology, neurology, gastrointestinal, renal and multisystem patient care problems.

Both basic and advanced nursing interventions utilized in the care of the critically ill patient will be presented. Material is discussed in a case study approach with question and answer formats for self-testing.

This course is sponsored by the Governors State University Division of Nursing, Lily University of Chicago Department of Medical-Surgical Nursing, and the American Association of Critical Care Nurses, Southside Chicago and Greater Joliet chapters.

Students can earn four undergraduate or graduate college credits for attending this course. Tuition is \$406 for undergraduates and \$418 for graduates. The non-credit fee is \$195.

Registration is being accepted by the GSU Office of Conferences/Workshops and Weekend College at (708) 534-4099.

Renewed View of Women Offered

"Renewing Our Vision of Womanhood," a discussion of the recognition of women's voices and viewpoint, will meet Oct. 1, 2 and 3 at the Governors State University Extension Center, 153rd Street and LaGrange Road in Orland Park.

Jan Lechner and Cece Skyes will lead the discussion of women in our culture and families through lecture, discussion, writing and sharing. Class members will affirm and integrate the aspects of the self. The two instructors will offer specific strategies for creating healthier interactions as daughters, mothers, sisters, friends, wives and lovers.

This course can be taken for two credit hours. Tuition is \$164 for undergraduates and \$172 for graduates. Students who want to audit will pay a \$60 fee. For additional information, or to register, call the staff at the GSU Extension Center at (708) 403-3623.



More Blues For You by William R. Kolstad

First off let me thank all of you that consoled me on the loss of Lefty Dizz and commented on my tribute to him. I attended the memorial service for him and the reception afterward at the Checkerboard Lounge. It was a very fitting tribute to the man who helped so many people realize the blues. I also will be attending a benefit for his estate at Buddy Guy's Legends on September 27th. Look for some comments about that event in the next issue of the *Innovator*.



The No Mercy Blues Band Jamming Out

Often you will hear the word chemistry when you read about bands. This chemistry usually refers to the mix of talents and personalities of the members of a band. A few weeks ago I went to see a local band named The No Mercy Blues Band. I have seen them a few times over the last two years and while they were good they never really excited me much. That night I was surprised to find that they had a new lead guitarist and I couldn't believe that this was the same band. This new member had changed the sound of the band but also changed the other band members as well. Instead of hearing the same songs that they always played there were new songs and new energy in the old ones. This new guitarist and vocalist, Pat "Lefty" Collins, yes another left-handed player, played with such emotion and presence that it would be easy for him to steal the show away from the rest of the band. Pat, however, was almost insistent on giving every musician a turn at a solo or singing. It was very clear that they all were feeding off each others' playing giving it almost an unstoppable jamming feel to each song.

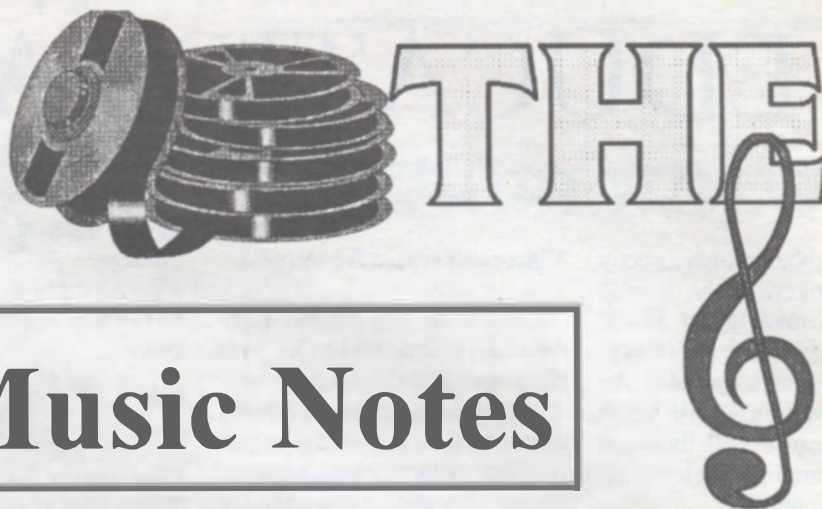
The No Mercy Band also features on vocals and harmonica, Steve Cheffer, one of the most energetic players I have ever seen. His harp playing can pierce even the heaviest guitar and drums and grab you by the soul. His vocals are equally 'gut wrenching' and give you the feel of the blues. His nickname is "Majic Chef" and his playing is certainly magic. Guitarist Ron Bloomer, while he is usually playing the solid rhythm, can burst out into a solo on occasion that will make you take notice of him. On Bass and occasional vocals is Ken Reif, "The Chief". He usually keeps up the steady blues beat with drummer Dave "Big Guns" Miller and sets the platform for the rest of the band to take off from. Ken also on his vocal numbers adds a different style to the many that No Mercy covers in a night.

The No Mercy sound is powerful, electric, and purely blues. They cover blues numbers from the masters of the blues and give them the life that they deserve. They try their hand at many different blues styles and succeed with the effort of the group. This is a band that any blues lover should check out live. The No Mercy Blues Band will be appearing at CC's Bar and Grille, 1006 S. East Ave. in Kankakee on October 9th. They will be at The Gridiron, 3215 Union Ave. in Steger on October 15 & 16. And on Friday, October 22nd stop in and see them at McPutt's in Midlothian, one half block north of 147th street and Waverly (across from the Metra station). Say hi to Tom and Big Pat the doorman. Covers are usually less than five dollars a person and drinks are reasonable. Come out and see musical chemistry in action.

Until later...Bill K.



No Mercy guitarist "Lefty" Collins and "Majic Chef" on Harmonica



Music Notes

Nirvana Won't Just Fade Into The Universe; They Still Mean Business

NIRVANA



IN UTERO

Nirvana -*In Utero*
(DGC Records)
A Music Review by Jeff Dinelli

There are moments in rock music when an artist bears his soul and records an album that is so profoundly personal, the listener feels like we've been listening to a therapy session. Bob Dylan's *Blood On The Tracks*, Bruce Springsteen's *Darkness On The Edge Of Town*, and Neil Young's *Tonight's The Night* are examples of albums that were recorded during particularly painful periods (marriage disintegration, career dilemmas, death of a close friend, respectively), resulting in music that is intensely passionate and extremely vital.

The defining moment on *In Utero* comes on "Rape Me", when Kurt Cobain screams "Rape Me!" over and over again, as the character somehow becomes empowered while being sexually violated, as if the woman is defiantly vowing revenge upon her attacker. On another level, Cobain seems to be screaming at the tabloid media, which has violated his privacy in the year or so following Nirvana's last album, *Never Mind*, with irresponsible, untrue stories based on Cobain's supposed drug and marital problems, among other things. It's painfully obvious that Cobain is having serious problems dealing with the fame that has been forced upon him after the unbelievable success of *Never Mind* (over 9 million sold world-wide). *Rolling Stone* magazine is determined to call Cobain the John Lennon of the 90's and a spokesperson for Generation X. If there's one thing this guy *doesn't* need, it's to be compared to Lennon, but there is a valid comparison in that Lennon also hated being the object of the kind of microscopic attention Cobain is now experiencing.

Cobain also despises the fact that this whole "grunge" phenomenon, which Nirvana inadvertently ignited with the stupefying success of "Smells Like Teen Spirit", was immediately taken out of the hands of music fans by the money-hungry forces of American exploitation economics. This punk revival on the indie rock scene was legitimate, but it was never meant

to be relevant or acceptable to the pop music masses, and Cobain expresses as much on the bitterly ironic "Radio Friendly Unit Shifter". "This has nothing to do with what you think / If you even think at all," he sings to the mosh pit. On the furious, two-minute rocker "Very Ape," Cobain spits out some Dylan-style derision towards the masses: "If you ever need anything, don't hesitate / To ask someone else first."

Reportedly the band felt like the slick production of *Never Mind* got away from them. Enter Chicagoan Steve Albini, who specializes in producing raw, monochromatic punk records. Cobain is an inherently convincing singer, but at times he can barely be heard above the clamor. This doesn't create the problem that many in the rock crit world would have you believe, however. Rather, the sparse, compressed sound is a perfect fit for Cobain's semi-paranoid diatribes. "Teenage Angst has paid off well / Now I'm bored and old" Cobain sings at the very beginning of the album, and the intensity slowly builds from there. On "Scentless Apprentice" he wails "Go away, get away!", sounding like a cat with its tail caught in a door, while bassist Chris Novoselic and drummer Dave Grohl bludgeon their instruments. Many of these songs sound like they're from the same formula as the previous album (slow, almost spoken-word verses, rousing, explosive choruses), but this band is so tight and the songs so good that it doesn't matter. There

is unbridled emotion pouring out of Cobain on every track here, and Albini manages to make us feel as if we're in a room with bad acoustics, listening to punk rock history.

Cobain seems to be upset not only because he never wanted to be the quarterback for a generation, but he's also angry that his music is being admired by the homophobic, testosterone crazed audience that usually gravitates towards the heavy-metal scene. He has said as much in liner notes and interviews, and this album seems in part to be designed to turn these people off. At the same time, however, I think this is the album they've always wanted to make, with a producer whom they've always wanted to work for. That it's not as accessible as *Never Mind* is testament to the fact that these guys are now in complete control of their music now. They never were anything more than a punk band, after all. It's just that now they've become the punk band, and they are at the top of their form right now. The manic intensity of this brilliant, enraged kiss-off has the cathartic quality of the most important band in popular music defining its objectives and beautifully speaking to the audience it wants, while distancing itself from an audience who will never relate, much less understand what Nirvana is all about.

Kurt Cobain isn't really happy these days, and unfortunately, that's often a prerequisite for great rock and roll. This album is a classic.



'Dazed' and 'Innocent'? An Unlikely Pair Of Gems

Some Movie Reviews by Steve Young

While investment advisors in and around the Hollywood community probably hoped the most profitable summer in the industry's history would never end, those who enjoy well-made films feel the last gasp of the Blockbuster season couldn't have come sooner.

Stupid, predictable movies are available to audiences at any time of the year. But during the summer, virtually every theater in the nation is booked with the year's most predictable and least intelligent films.

With autumn comes a different crop of films. They do not have to appeal to bored teenagers with pockets full of disposable income. Instead, some may actually be released because they are good films.

The Age of Innocence and *Dazed and Confused*, two radically different films, went into wide release last weekend. Some may see these two films as polar opposites, but a close inspection may reveal that they have at least a few things in common. These similar traits made the movies impossible to release in the summer.

The Age of Innocence is the latest effort from director Martin Scorsese, arguably America's most talented and consistent filmmaker. The movie is based on Edith Wharton's Pulitzer Prize winning novel about high society in the New York of the 1870's.

The story concerns a young, well-bred couple (Daniel Day-Lewis and Winona Rider) whose seemingly perfect engagement is thrown out of kilter by the arrival of the bride-to-be's cousin (Michelle Pfeifer) from Europe. Pfeifer's marriage to a Polish Count has been breaking up in an embarrassingly public way and she finds herself shunned from the society who basked in her presence before she left the country.

The families of Rider and Day-Lewis rally around the shamed Countess and attempt to return her to her previous stature. As Day-Lewis fights for her acceptance, he finds himself fascinated by and drawn to his free-thinking future cousin. The isolated Pfeifer is also

attracted to Day-Lewis, and the rest of the picture is concerned with their growing infatuation and its repercussions.

Dazed and Confused is set on the last day of school in a small Texas town in 1976. Writer-director Richard Linklater's second film follows the actions of a number of high school and junior high students as they unwind from the school year and prepare to face another boring summer.

Various cliques (football players, newspaper staff, general delinquents, and nervous junior high graduates) who generally would not be seen together, end up crossing each other's paths in their efforts to celebrate the end of the year.

Randy "Pink" Floyd (well-played by unknown Jason London) is the football team's likable star quarterback who is accepted by the various groups. Throughout the day and night, Floyd takes pains to decide whether to sign a statement for his coach pledging not to use drugs or alcohol over the summer, even though he knows the pledge will be broken immediately.

The Age of Innocence is an expensive, sophisticated, star-studded affair concerned with a time when strict social convention took precedence over real needs and emotions; *Dazed and Confused* is a simple, sometimes mindless, low-budget flick with a no-name cast that examines a period that was so permissive that good-natured recklessness was commonplace. Though the films are set a century apart they share a few important aspects.

Both these films are about people, instead of monsters, cryptic conspiracies and super-hero cops. Some characters who are featured for less than ten minutes in each film are more believable and well-developed than all the characters in *Jurassic Park* and *Rising Sun* put together.

The performances in both films are excellent, allowing the audience to relate to the characters, despite their outdated attitudes.

The settings and costumes of both films perfectly evoke their respective time periods.

Though both films are involving, and *The Age of Innocence* is

tightly plotted, nothing really happens in either one. Instead, each film is composed of short moments of personal revelation. It is refreshing to watch these narratives where character defines action, instead of the other way around.

Each film deals with the position of the individual in society. The Countess in *The Age of Innocence* and Randy Floyd in *Dazed and Confused* are admired for their uncompromising independence, but that admiration shines a bright spotlight on each. Their actions are scrutinized closely and the characters are under great pressure from those close to them to behave in a way becoming to the group, even if it douses the spark that initially set them apart.

These films will not be loved universally. *The Age of Innocence* is slow-paced and virtually devoid of action. *Dazed and Confused* will shock many with its gross political incorrectness and the mindless actions of many of its characters.

Still, each should be seen by film-lovers who are tired of standard Hollywood fare. Don't wait too long; Christmas is right around the corner.

Stiff Staging Triumphs Over 'Triumph'

A Theatre Review by Steve Young

The stage of the Court Theatre's production of *The Triumph of Love* is covered with sand and boxed in with what appears to be a large picture frame. At one point in the play, an actor steps out of the frame (and character) to ask the audience to imagine the animal that such a design would benefit.

It is one of several amusing, playful moments in an otherwise stiff interpretation of an 18th century French comedy.

The Triumph of Love tells the story of Leonide, a young princess who schemes to win the heart of the rightful heir to her throne, despite the mutual hate between their two families. Besides the unfortunate history between the two families, Leonide must face other obstacles separating her from Agis, the object of her desires.

Agis has become the ward of an aging philosopher who has renounced love. The philosopher's sister shares his attitude toward love, and together they have attempted to show Agis the supremacy of reason over love.

Leonide decides to infiltrate the household and to use any means necessary to win the heart of Agis. Her plans include seducing both the philosopher and his sister by altering her identity.

The Triumph of Love has apparently become a standard in French theatre in recent years, after being ignored for centuries. It was translated into English in only the past year, despite concerns that certain subtleties may be lost.

The Court Theatre's cast seems to have worked some charming touches to the translation of Pierre Marivaux's play, but they are juxtaposed against tense direction. Every move of each character seems to have been tightly choreographed, right down to the perpendicular stance of the actors' feet as speeches are delivered.

The technique is effective in establishing the fragile pomposity of the philosopher and his sister (John Reegeer and Linda Kimbrough), but it makes it difficult for the audience to find any sympathy for Leonide and Agis (Kate Collins and Bruce Orendorf).

Still, the supporting characters offer a number of genuinely funny bits and lines. Kyle Colerider-Krugh, Jeffery Hutchinson and Lisa Tejero are all amusing as comic servants to the main characters. Their light-hearted antics add some looseness to the generally strained atmosphere.

Theatre and Film

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All that money spent on tools of destruction,
And so little for the education of a child,
I'm all for protection and defending my country,
But all this spending on weapons is wild.

Teaching a class of thirty-five children,
That by itself is tough,
But not having ample equipment to educate
their minds,
Sometimes the job really gets rough.

There are no easy answers to what should be done,
But one point stands out perfectly clear,
If this mix-and-match situation keeps going on,
It will get worse, year after year, after year.

The purpose of education is the betterment of life,
Something necessary for the survival of us all,
A bird cannot fly without wings through the air,
A building without support will fall.

And if we don't help each other to help our kids,
Then what hope for the world can there be,
No, education is not the only answer,
But IT WILL help you to SEE more clearly.

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Pursue your life- long love of learning!

The Adult Learning Exchange (TALE) recognizes the vast wealth of experience and knowledge that adults possess. The program, which is co-sponsored by GSU and the Jewish Community Center, has been developed for those who share a love of learning and seek vigorous discussion of ideas with peers.

Participants will be involved in interactive study groups in an intellectually challenging environment on the Governors State campus. This involvement includes outside readings and research, as well as participation in lively weekly discussions. Each group will have a trained facilitator who will enhance the discussion.

The eight-week program includes learning groups on such topics as The Future; Short Stories; Environment and Infectious Diseases; Women of Mystery; The Fate of the Former USSR; Knights in Shining Armor, Romantic Love, Piety and Other Myths of the Middle Ages, Poetry for Pleasure; Becoming Your True Self; Women Artists; Central Issues: Center Stage! and Is Central Europe Really Humpty Dumpty?

Classes for the learning groups begin Oct. 15., and the cost is \$55 regardless of the number of study groups in which one enrolls.

HORRIBLE-SCOPES

by Josie

LIBRA (Sept. 23-Oct. 23) Make someone's day; donate to the charity of your choice.

SCORPIO (Oct. 24-Nov. 21) A career change is on the horizon, like, stamping license plates?

SAGITTARIUS (Nov. 22-Dec. 21) Collecting ceramic figurines is not only a hobby, but also an investment.

CAPRICORN (Dec. 22-Jan. 19) Three words: Seek Professional Help.

AQUARIUS (Jan. 20-Feb. 18) Consult Ralph Nader before purchasing any major appliances.

PISCES (Feb. 19-March 20) Quoting "Ren & Stimpy" will not only impress your friends, it will get you dates!

ARIES (March 21-April 19) Next time double-check your order at the drive-thru or you'll be sorry!

TAURUS (April 20-May 20) You might think your antics are funny, but no one else does. Remember, it's only funny 'til somebody puts an eye out.

GEMINI (May 21-June 21) Today is a great day to get your pet spayed or neutered.

CANCER (June 22-July 22) Do yourself a favor. Go back to bed and try again.

LEO (July 23-Aug. 22) Tonight, share nachos with the one you love.

VIRGO (Aug. 23-Sept. 22) Avoid golf courses and driving ranges at all costs!

Illinois Philharmonic Announces New Season

There's something for everyone in the Illinois Philharmonic Orchestra's 1993-94 *"STORYBOOK SEASON."* So don't miss out! Get your single tickets now for upcoming performances of the intimate Chamber Series and exciting Pops Concert. The orchestra's **Chamber Series** will be held on three Sunday afternoons, October 17, November 21, and December 12 at 4 p.m. at Freedom Hall, 410 Lakewood Blvd. in Park Forest. This year's exciting annual **Pops Concert**, *"AN EVENING ON BROADWAY,"* will be held on Saturday, November 13, at 8 p.m. at Workman Auditorium, Bloom High School in Chicago Heights.

Lively music for smaller ensembles is featured as part of the orchestra's 1993 **Chamber Series**. Performed in the intimate setting of Freedom Hall's Manilow Theatre in Park Forest, the Chamber Series concerts showcase the talents of some of the Illinois Philharmonic Orchestra's finest musicians. Following each concert performance, audience members can mingle and meet the musicians at special Post-Concert receptions hosted by Friends of the Illinois Philharmonic. Tickets to the three concerts series are

\$19.00. Single tickets are \$8.00 each.

Opening the season will be the Illinois Philharmonic's wonderful String Quartet on October 17. The concert will feature a traditional ensemble of violins, viola, and cello performing Verdi's "String Quartet in E minor," Villa Lobos' "Bachianas Brasileiras No. 5," Bruckner's "Rondo in C Minor," and Dvorak's "String Quartet in F Major."

Flute, oboe, clarinets, bassoons and horns combine for the Woodwind Ensemble performance on November 21. The lively group will offer Mozart's "Divertimento No. 8 in F Major," Gounod's "Petite Symphonie for Winds," Beethoven's "Variations in C Major on Mozart's 'La ci darem la mano,'" and Klughardt's "Woodwind Quintet."

On December 12, the Illinois Philharmonic Brass Quintet will perform its annual Holiday Concert. A perennial crowd pleaser, the festive program will feature music such as Bach's "Wachet Auf," Frescobaldi's "Toccata," and Grainger's "Irish Tune From County Derry," along with cheery holiday carols.

Favorites from musical greats like "West Side Story," "Gypsy," "Company," "Sweeney Todd," "Follies," and "Candide" will be heard on the ever-popular, annual Pops Concert on Saturday, November 13. *"AN EVENING ON BROADWAY: THE GENIUS OF STEPHEN SONDHEIM"* will salute prolific Lyricist/composer, Sondheim, to create unforgettable musical magic!

Joining the orchestra will be acclaimed stage and screen performer Pamela Myers who will recreate her Tony nominated performance in the original cast of "Company." Also featured will be Chicago's popular cabaret and theatre entertainer, Michael Laird. Tickets to the Pops Concert are \$24, \$19 and \$14. Discounts for groups of 20 or more are available.

The 1993-94 season will continue with five Orchestra Series concerts running January through May. Music Director, Carmon DeLeone, now in his eighth year with the Illinois Philharmonic Orchestra, has programmed an innovative *"STORYBOOK SEASON"* incorporating the storytelling elements of other genres such as the opera, narrative speaking and great literary works. Along with

an excellent repertoire, wonderful guest performers will join the orchestra to highlight a season offering uncompromising musical entertainment. Series tickets to the 5 orchestral concerts are available now. Single tickets to the Orchestra Series will go on sale December 6.

The Illinois Philharmonic is also performing as part of the River Cities Philharmonic, Inc. Concert Series at the Rialto Theatre in Joliet. Performances will be held Friday, November 12 at 8 p.m. featuring "An Evening On Broadway," Friday, January 14 at 8 p.m. with soprano soloist, Rochelle Ellis, and Sunday, March 13 at 2 p.m. with pianist, Cyprien Katsaris. Series tickets (\$72, \$57, \$39) and single tickets (\$25, \$20, \$14) are available now. For further information, call 815/485-6674.

For single tickets to the Illinois Philharmonic Chamber Concerts and Pops concert; for season ticket information or for a free brochure, call or write the Illinois Philharmonic Orchestra, 210 Illinois Street, Park Forest, IL 60466, (708)481-7774.

Money Awarded For Posters

by J. Clarke

Financial survival occupies the life and times of most college students; but there are creative ways to soften the blow, even for students who do not have high academic standing, or who are not artistically inclined.

One of those opportunities is available on campus for those who are interested. GSU students and U.S. residents, are eligible to enter a \$5,000 scholarship contest. The winning entry will creatively address the need for personal responsibility in the consumption of alcohol.

Design and drawing ability are not factors considered for the winning idea. Creativity of concept, message and graphic appeal are the elements that judges will consider.

The entry of the winning idea must be submitted by December 17, 1993, and prize notifications will be sent by mail on January 28, 1994. The official rules and contest entry forms are posted on the kiosk, second floor near the Computer Center (AGS).

There will be 19 awards presented to winners. First place winner will receive a \$5,000 scholarship with another \$5,000 awarded to the institution(s) he attends. Two \$1,000 scholarships will be awarded for second-place entries, and 16 \$500 awards for third-place winners.

FOREST PRESERVE HAPPENINGS

Nature Walk

Nature Walk for Families. The Forest Preserve District of Will County will host several nature walks for families this fall season. The first two walks of autumn will be on October 9 and 10.

These hour-long hikes offer families a chance to get outdoors and enjoy fall colors while learning something about their natural surroundings.

The first walk, on Saturday, October 9, is an Earth Walk focusing on recycling. The walk will be held at McKinley Woods in Channahon, beginning at 10:00 a.m. Recycling plays a big role in the autumn forests, and participants can see first-hand nature's recycling efforts.

The second walk of the fall season will be held on Sunday, October 10. This Fall Color Walk will be held at Messenger Woods (Lockport), starting at 2:00 p.m. The walk will focus on the colors of fall and reasons (both real and imagined) for the leaves' changes of hue.

These nature walks are sponsored by the Forest Preserve District of Will County and are free of charge. The walks are open only to family groups (scouts or other organized youth groups wanting a nature hike must contact the Dis-

trict's Environmental Learning Center, 708/479-2255).

Hikers are encouraged to dress for the weather and be prepared for muddy conditions. Hikes will be held unless weather conditions are deemed hazardous.

The Forest Preserve District of Will County will also offer "Nature Tales," a story time for families, every Sunday throughout October at two county facilities: Plum Creek Nature Center (Crete) and Isle a la Cache Museum (Romeoville).

The program begins at 2:00 p.m. at both sites. It is designed for all ages and is free of charge. For further information, please call Plum Creek Nature Center at 708/946-2216, or Isle a la Cache Museum at 815/886-1467.

Plum Creek Nature Center is located in Goodenow Grove Forest Preserve, 1-1/4 miles east of the intersection of Routes 1 and 394, on Goodenow Road, south of Crete. Isle a la Cache Museum is located at 501 East Romeo Road, 1/2 mile east of Route 53, in Romeoville. Both the nature center and museum are owned and operated by the Forest Preserve District of Will County. They are open 10:00 a.m. to 4:00 p.m., year-round, closed Mondays; admission is free.

Campfire Offers Halloween Fun

The Forest Preserve District of Will County will host its annual Halloween "Spooktacular" campfire program at Plum Creek Nature Center on Saturday, October 9, starting at 7:00 p.m. This special campfire will last about an hour and is open, free of charge, to families. Bring a flashlight, blanket, and bug spray; the fun will be provided!

The Spooktacular will be monstrously entertaining, featuring funny, friendly fiends and phantoms. The program (rated "G" for a great time) is suitable for the whole family. The evening of family fun ends with the traditional "monster mash," where you can dance with spirited ghosts and goblins under the moonlight.

Groups of ten or more people wishing to attend are asked to call the nature center a week prior to the program for reservations. In case of cancellation due to rain, the Spooktacular is tentatively rescheduled for Saturday, October 23 (please call for details on site and time). This program is accessible to persons with disabilities.

Plum Creek Nature Center is located in Goodenow Grove Forest Preserve, 1.25 miles east of the intersection of Routes 1 and 394 on Goodenow Road, south of Crete. For more information or group registrations, call Plum Creek Nature Center at 708/946-2216, 8:00 a.m. to 4:00 p.m., daily.

For accessibility information, please call the Forest Preserve District of Will County's public information office at 815/727-8700, 8:00 a.m. to 4:00 p.m., weekdays.

FALL COLOR WALKS FOR FAMILIES

The Forest Preserve District of Will County will sponsor two Fall Color Walks for families this upcoming weekend. The walks will be held on Saturday, October 16, at Goodenow Grove Forest Preserve (Crete), beginning at 10:00 a.m., and on Sunday, October 17, at McKinley Woods Forest Preserve (Channahon), starting at 2 p.m.

On these leisurely hikes, participants can enjoy fall colors and learn legends about them. Both walks will be led by Forest Preserve District naturalists, and both will last about an hour. Hikers should dress for the weather and expect some muddy conditions (wear old shoes!). Walks will be held unless the weather is hazardous.

FALL COLOR WALKS are free of charge and open to family groups only. Organized groups wanting a nature hike must contact the Environmental Learning Center at 708/479-2255 for program reservations.

For additional information, call the District public information of-

fice at 815/727-8700, 8 a.m. to 4 p.m. weekdays.

PRAIRIE PEOPLE VOLUNTEERS NEEDED AT BRIGHTWAY PRAIRIE

Join Prairie People volunteers in collecting seeds for prairie restoration during a workday on October 16, 9:00 a.m. to 1:00 p.m., at Brightway Prairie in Mokena.

Tools, gloves and water will be provided. Just bring a sack lunch and a friend! Be sure to dress for the weather (including boots or old shoes).

Groups of 10 or more people wishing to participate in the workday should register prior to October 8 by calling Richard Wachenheim, volunteer program supervisor, at 815/886-3537 (weekday evenings), or the Forest Preserve District of Will County's public information office at 815/727-8700 (8:00 a.m. to 4:00 p.m., weekdays.)

Brightway Prairie is located in Hickory Creek Preserve in Mokena. From Wolf Road, turn west on Kluth (intersection is one mile north of Route 30) and proceed to South Brightway. Turn west on South Brightway and meet at the cul-de-sac. For more information, call the District's public information office at 815/727-8700.

Media Desk Reports

THE GREEKS

(Condensed from: *The Mainstream of Civilization*; J. R. Strayer (ed.), '74, pp. xii-xlv)

The Greeks seem to have realized that small states could survive in a world of large states only by making the fullest use of their human resources. Under the monarchical or aristocratic government, most citizens were barred from the political process and hence were unable to devote their energies to the common welfare. So there was a trend toward democracy, a system in which more men could hold responsible positions in the army and the government. In Athens by the fifth century B.C. every citizen could vote and hold office. Slaves and natives of other cities (perhaps half the population) were still excluded, but Athens and Greek city states like Athens provided more political freedom than any other contemporary government.

Pericles on Athens and Sparta: **We are called a democracy, for the administration is in the hands of the many and not of the few. But ... the claim of excellence is also recognized, and when a citizen is in any way distinguished, he is preferred to the public service, not as a matter of**

privilege, but as the reward of merit.... Our city is thrown open to the world, and we never expel a foreigner or prevent him from seeing or learning anything of which the secret, if revealed to an enemy, might profit him.... In the matter of education, whereas the Spartans from early youth are always undergoing laborious exercises which are to make them brave, we live at ease, and yet are equally ready to face the perils which they face.... For we are lovers of the beautiful, yet simple in our tastes, and we cultivate the mind without loss of manliness.... Such is the city for whose sake these men fought and died... and every one of us who survive should gladly toil on her behalf. (From Pericles' Funeral Oration, in Thucydides, *The History of the Peloponnesian War*.)

The free Greek spirit also expressed itself in art and in literature. Man was always the measure, but man at the height of his powers. Temples were built to a human scale; the gods were glorified human beings just as heroic men were demigods. Drama dealt with the fate of man in an unfriendly world, and especially with the fate of men who lack moderation and a sense of the fitness of things. History—dealt

with the triumphs and failures of individuals. Actually, the political collapse of Greece during and after the war between Athens and Sparta was not quite so disastrous as it is sometimes said to have been. Plato wrote after the defeat of Athens; Aristotle was the tutor of Alexander. Euclid composed his geometry about 300 B.C. The greatest achievements of Greek science, such as the measurement of the circumference of the earth or the hypothesis that the earth moved around the sun, came in Alexandria during the Hellenistic period. Hellenistic philosophy emphasized the brotherhood of all men and the existence of a universal law.

THE "SLAVIC" PEOPLES

(Condensed from: *Encyclopaedia Britannica; Micropaedia*, 77, V. IX, pp.268-269)

Slavs, are the most numerous ethnic and linguistic body of peoples in Europe, residing chiefly in eastern and southeastern Europe, but extending also across northern Asia as far as the Pacific ocean. Linguistically they belong to the Indo-European family. Customarily they are subdivided into east Slavs (chiefly Russians, Ukrainians, and Byelorussians), west

Slavs (chiefly Poles, Czechs, Slovaks, and Wends, or Sorbs), and south Slavs (chiefly Serbs, Croats, [Bosnians], Slovenes, and Macedonians). Bulgarians, thought of mixed origin like the Hungarians, speak a Slavic language and are frequently designated as south Slavs. In religion, the Slavs traditionally divided into two main groups: those associated with the Eastern Orthodox Church and those associated with the Roman Catholic Church;... there are also Muslims, Protestants, and Jews.

Prehistorically, the original habitat of the Slavs was Asia, from which they migrated in the 3rd or 2nd millennium B.C. to populate parts of eastern Europe. Subsequently these European lands of the Slavs were crossed or settled by many peoples forced by economic conditions to migrate. In the middle of the 1st millennium B.C., the Celtic tribes settled along the upper Oder, and Germanic tribes settled on the lower Vistula and lower Oder, usually without displacing the Slavs there. In the centuries that followed, there developed scarcely any unity among the various Slavic peoples. The west Slavs had their cultural and political life integrated into the general European pattern; they experienced, more than other Slavs, all the

philosophical, political, and economic changes in the West, such as feudalism, Humanism, the Renaissance, the Reformation, and the French and Industrial Revolutions. As their lands were invaded by the Mongols and Turks, however, the Russians and Balkan Slavs remained for many centuries without any close contact with the European community.... The supremacy of the state over the individual tended to become more firmly rooted. A faint kind of Slavic unity sometimes appeared. In the 19th century, Pan-Slavism developed as a movement among intellectuals, scholars, and poets, but it rarely had any influence on practical politics. Even political unions of the 20th century, such as that of [former] Yugoslavia, have not always been matched by feelings of ethnic or cultural accord; nor has the sharing of Communism since World War II necessarily provided more than a high-level political and economic alliance. [However]... All the Slavic languages have preserved a great degree of uniformity in overall grammatical pattern and in everyday vocabulary.

Health Issues

A Summary of Health Care Reform

by Cindylee Torres

Clinton finally unveiled his long awaited plan for health care reform recently, speaking to Congress and most of the American public. The President showed great concern as he stated the health care system is "badly broken". He even acknowledged his wife Hillary, and her dubious efforts on the bill. But what exactly is the President offering Americans? If you've read all the numbers and statistics that have bombarded you from every conceivable angle and are still confused, I offer you a loose interpretation of the plan.

Basically, a person would have a choice of plans based on preference and his or her income, if any. According to the President everyone will receive medical care, as long as their state is a member of the system.

The President showed the audience a card that would be issued if his bill is put into effect. According to him the card would allow anyone in the country to have access to medical coverage when and where needed. Just a few of the advantages this card would offer are: hospitalization, preventive care, access to physicians, emergency care and prescription drugs.

In addition to the card, a person would have a choice of one of the President's various health-care organizations which include, fee-for-service, managed-care plans and health-maintenance organizations (HMO). A person will also have the right to a physician of choice, but if a person goes outside of her chosen organization, she will pay an additional fee.

With managed-care plans employers would have to split the costs with their employees 80-20, with employers paying the larger half.

Small businesses (50 employees or less) would pay less and be subsidized. With an HMO, the employer would pay a certain percent of the payroll (which would be a smaller percentage than the managed-care plan), with the employee again paying a small percent.

The fee-for-service plan the President is proposing will have patients paying a co-payment with a deductible, depending upon the number in the household. There would be a cap put on co-payments, again in accordance with the size of the household.

The President plans to pay for these programs through "sin" taxes, (taxes on cigarettes and liquor) and by charging certain corporations a one percent surcharge to support medical research. His belief is that through the implementation of these taxes and surcharges, he will raise \$105 billion (the estimated cost of the bill) in the next six years.

When faced with a decision that will affect a large part of our lives it's hard to grasp just what the government intends to do. When a person doesn't know all the details, a lot can get hidden in the small print and revisions of these proposals. Some people are leery of this bill especially, when most of it based on the speculation of one group of people. The premise sounds good, everyone in the country getting the medical benefits that are needed. And indeed, the system needs to be fixed, but will these proposals work? And if so, at what cost?

Not So Fast

Comentary by Cindylee Torres

During his campaign President Clinton promised to relate more to the working class and poor, and that government would be more responsive to their needs. He drove around the country in his tour bus visiting unions, wearing his little hard hat at construction sites, pretending that he knew what was going on with the working class. The truth is that he has no idea what the working class or poor are about. This man has never struggled from paycheck to paycheck: worrying if his utilities would be on when he got home from a days work; hoping that the person that he trusted to care for his child, while he went out to earn that ever-so-popular minimum wage, would not turn out to be a sadistic child molester. He has never stood in line and been humiliated by government workers to get the measly hand outs they offer. No, I do not believe that Clinton or anyone in government has an inkling of what it's like to be working class or poor. Now why would I entrust my health to a person who has no idea what it's like to be at the mercy of one of these government programs? I, for one, am happy with the doctor and benefits I have and do not want the government screwing it up. Therefore I need a lot more than Hillary's research, to prove that this health-care reform bill is going to work.

Granted there are many Americans without insurance and if the government wants to help them, or those that need help with catastrophic illness then by all means do so. But don't try to pawn the idea off on those who don't want

it. Don't get me wrong when I first heard the idea of health reform I was all for it. But when I really began to think about it, there were a lot of questions that went unanswered. For instance, who is going to pay for this? What kind of coverage are we really going to receive? What if my doctor doesn't want to join the plan that I am a member of? Is there going to be all sorts of paper work involved with going to see the doctor? The President can dance around these questions, and give us a lot of pomp and circumstance, refer us back to the "plan", but I want proven facts to back up his answers, and I want answers, not double talk.

The President tells us that these "sin" taxes (taxes on liquor and cigarettes) are going to pay for some of the health care bill. But the truth is, and I've talked to a few die-hard smokers about this, that they would quit before they continued to pay the ever-increasing costs of smoking. Okay say that smoking doesn't drop off dramatically, but there still isn't enough money to pay for this program, what happens then? We all know the answer to that, raising taxes and making cuts. The Government continues to make cuts, and raise taxes, on all sorts of programs, but never seems to get anywhere (unless we count the raises they give themselves). Yes, we have all felt the pinch of Government cuts and the raising of taxes, whether it be through schools, unemployment, welfare, social security, the lists are endless. Why would the health-care program be any different?

Now, the President says that he is going to cut the red tape in the

medical community. That's all fine and good, but what kind of paperwork are we going to be faced with when we go in for a visit? We've all had a taste of those government forms and procedures, it goes something like this: we stand in one line to get a stack of forms the size of a telephone book, and if we cross all the t's and dot the i's correctly (and we haven't caught anyone at lunch) we can go to the next line and wait there, if we are lucky we can see someone by the end of the day, if not, then we can wait a few working days for "the processing of information". The truth is that I go to the doctor because I am sick. I want to get medical treatment in the fastest way possible and leave. I do not want to be turned into a clerical worker every time I go.

Yes the President wraps this plan up in a pretty package as he tries to sell it to Americans, but those of us who've been through the government programs should proceed with caution. I have been going to the same doctor for 20 years, my children and husband go there. I have developed a relationship with this physician and his staff. I do not need the government's intervention. As I stated before, I believe the President should start this program for those who need or want it. Then if it works, offer it to others, don't jump in with both feet. I think if he does he is going to drown. I also think that if we look a little closer, wait for the revisions and hold out for some concrete answers we might not like what we see. Remember a rose is beautiful to look at, but use caution when getting too close.

To Your Health

by Leonard Robinson,

Q: What does "flu season" mean? Do I have to get a vaccination?

A: "Flu season," is the time of year (usually November until April in the U.S.) when influenza is most active. Commonly known as "flu", influenza is a viral infection of the nose, throat, bronchial tubes and lungs. Most infected people are ill only a few days, but some may need to be hospitalized. Influenza knows no age boundaries and, according to the U.S. Department of Health and Human Services, thousands of Americans die annually from the virus or related complications.

Although most people make a full recovery, the elderly and


people who have low resistance to infections, or have other health problems are encouraged to receive a vaccine. The following groups are at increased risk for severe influenza:

- * People 65 and older.
- * Adults and children with heart or lung problems.
- * Residents of nursing homes.
- * People who have seen a physician in the last year for kidney disease, cystic fibrosis, chronic metabolic disease, anemia, or severe asthma.
- * People with cancer or an immunological disorder that lowers resistance to infections (HIV included).
- * Children and teenagers on long-term treatment with aspirin.



There are other groups that should also be vaccinated like patients, and students living in communities where outbreaks can occur.


If you have any health-related questions, please send them to the editor and I will answer. If you'd like a personal reply, send a confidential letter, including name and address to me at Ingalls Family Care Center, 4547 W Lincoln Hwy. Matteson, IL 60443.



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MR. UNIVERSE HEALTH TALK

by John Hansen
Natural Mr. Universe

As the leaves begin to change color, the days become shorter, and the weather more brisk, it is obvious that winter is on its way. This is the time of year when people bundle up in order to stay warm. Unfortunately, many people not only use clothes to bundle up, but also their body fat.

In a somewhat ridiculous attempt to imitate bears and other wildlife, many people cease their exercise programs and begin storing bodyfat for the winter. They know the extra weight will be well hidden for many months to come under layers of sweaters, coats, and other bulky material.

Then, when spring arrives again, the mad rush will begin to shed all the excess poundage in order to look good for next year's bathing suit. This is similar to postponing all homework and studying until the day before the big test.

In an attempt to prevent anyone from going through this roller-coaster ride again, I am going to make some suggestions for an exercise program for the upcoming winter months. This program will focus on two areas: 1.) The muscular system (toning and strengthening all the muscles of the body) 2.) The cardiovascular system (developing the cardiovascular and respiratory system of the body using aerobic workouts).

First, let's concentrate on working all the various unused muscles on the body. Due to the advanced technology available in this country, most Americans do not have to use their muscles much in everyday activities. Think about it, we don't even have to get up to change the television channel anymore thanks to the remote control.

The fastest and most efficient way to train all the muscles on your body is through resistance training using bodybuilding exercises. These can be accomplished with barbells and dumbbells, weight-training machines, or simply with your own body weight.

Although it is beyond the scope of this article to describe each exercise, here is a list of exercises that will sufficiently tone and develop each muscle on your body. Build up to performing three sets of 10-12 repetitions for each

movement. When you can easily do more repetitions than what is recommended, then add some weight to increase the resistance.

Chest - Bench Press or Push-ups

Back - Front Pull-downs or Chin-ups

Shoulders - Military Press or Hand-stand Push-ups

Triceps - Tricep Push-downs or Close-Grip Push-ups

Biceps - Bicep Curls with a Barbell, Dumbbell, or other heavy object.

Thighs - Squats, Leg Press or Free-Hand Squats

Calves - Calf Raises or Free-Hand Calf Raises

Stomach - Crunches (Upper Abs) and Knee Raises (Lower Abs)

If you find it impossible to obtain some free weights or you can't join a health club or gym, then the second exercises listed are the ones you can perform at home. You can even use heavy books or other objects at home to increase resistance.

For more information on exercises and the proper way to perform them, here are two excellent books on the subject: Arnold's Encyclopedia of Modern Bodybuilding by Arnold Schwarzenegger and Lee Haney's Ultimate Bodybuilding by Lee Haney.

Now, we need to concentrate on developing the cardiovascular system of the body. This will help in keeping the heart and lungs healthy as well as eliminate all excess bodyfat.

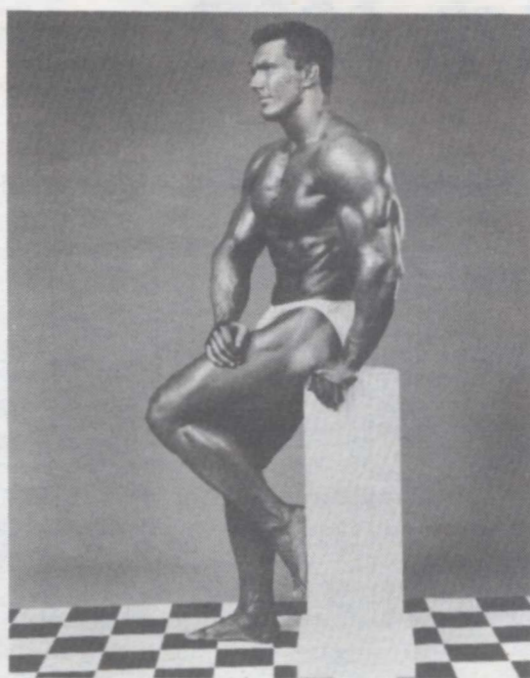
Many people, in their attempt to get leaner, overdo the aerobic exercise.

In order to lose only the bodyfat and preserve the muscle tissue, the aerobic exercise must be low-intensity. The best exercise for this is brisk walking or slow jogging. Many other aerobic activities, such as running, bike riding, stair climbing, rowing, and floor aerobics, can become too intense, which burns off as much muscle as it does fat.

Remember, the muscle tissue must not be sacrificed in order to lose weight. Developing and maintaining the lean muscle on your body will increase your metabolic rate. This is much better in the long run. Although aerobic exercise may burn more calories during the period of exercise itself, having more muscle compared to fat will mean the body will burn bodyfat while just sitting there.

Depending on how much time you have in your daily schedule, I would recommend doing the weight training program three nonconsecutive days per week. The aerobic exercise should be performed for 30-45 minutes anywhere from 3-6 days per week. The best time for aerobics is when your stomach is completely empty (such as in the morning before breakfast) or immediately after your weight-training exercise.

As the weather turns colder and the fierce winter months come upon us, don't forget to keep the body active and continue to exercise. Use a heavier coat this year to stay warm and not extra bodyfat. You'll be much happier when it comes time to put on your bathing suit next summer.



Counseling Club Holds Meeting

The Counseling Club of GSU held its annual meeting last Friday September 24, 1993) at the Student Life Center. The turnout among its new members was very encouraging... various up-

coming activities were discussed and committees selected.

A unanimous decision to emphasize "Multicultural" issues in the Club's future was approved. Watch for the Clubs calendar of news and events on the kiosks

and the Counseling Bulletin board. Regular monthly meetings are to follow on the second Friday of each month at 5 p.m. The PIZZA was GRRREAT! Come... Join Us!

Innovator Advisory Column:

Ask Ms. Rogers

Q: I have a teenage son who won't listen to me. He hangs out with weird friends, wears weird clothes, and listens to weird music. My husband and I don't know how to communicate with him anymore. When I ask him to clean his room he says ok, but he never does what I ask. Is this some kind of phase? When will it end?

A: Be patient with your son. He is going through the very difficult stage of a boy becoming a man. His friends are more important to him now than his family. Try taking your son out for pizza, or a trip to the arcade. This may give you time to talk with your son and move toward being his friend. Listen to him with love and support. This phase in life will pass. Try to remember how it may have been for you when you were growing up.

Q: Lately my boyfriend and I have been having lots of arguments. Since neither of us enjoys arguing, I can't understand why we do it. He used to think and feel about things as I do. Now we seem to be bumping heads. Should I keep my opinions to myself to avoid further arguments?

A: Do not keep your opinions to yourself. You will be miserable constantly biting your tongue to keep the peace. What you two can do is sit down and talk rationally about the different change in attitude. Sometimes when people start a relationship, they do and act in ways different from their character. When things progress, the "real person" comes out. If two really love each other, communication is the only thing that will keep you together. If you can't communicate, then find someone with whom you can.

Q: College costs are rising, and I'm afraid I won't have enough money to pay for my children's education, much less continue my own. Is there any help available?

A: There is if you know where to look. Some companies offer tuition remittance to their employees. People who are certain that they would like their child to attend a particular school may inquire with the school about paying tuition in advance, at a discount. Worth getting is "The Student Guide", free from the Federal Student Aid Program, PO Box 84, Washington, D.C. 20044.

Do you have a problem? Write to Ms. Rogers at the Innovator, room A2300. She'll show you the way.

Before the Mask

by Michael & Teri Williams

Review by Karl Rademacher

Let me start by saying I've grown tired of books with happy, ride-off-into-the-sunset endings. With this book, I sought one that dared to stepped outside the already worn path of standard fantasy / sci fi genre. I got this wish when I picked up *Before the Mask*.

From the inside front cover:

"What will you name this child?" the druidess asked.

Daeghrefn stared more deeply, more intently, out the cave opening into the raging storm. Yes, now was the time for names. A time to answer his wife in kind for her cruelty and betrayals. He thought of ice, of loneliness, of forbidding passage.

Winterheart? Ildidukel?

He smiled spitefully at the second of the names. God of injustice. The broken balance.

But, no. There was a certain evil grandeur to the names of the dark gods. He would confer no grandeur on this child.

As if it had been summoned, a large tomcat, lean and ragged, slinked in out of the inclement darkness, snow spangling its half frozen fur. Daeghrefn regarded the creature in horrified fascination. This is the omen, he thought. The name is about to come to me. The cat carried something large and limp in its mouth - a dripping entanglement

of matted fur and dirt and torn flesh.

A winter kill. A rat or a mole, perhaps. Something tunneling blindly beneath the snow, scratched from the hard earth, chittering and scrabbling in its dark nest.

Daeghrefn closed his eyes, warmed by his bloody imaginings. "Verminaard," he announced proudly. "The child's name is Verminaard. For he is vermin, dwelling in the darkness and filth like his damned father..."

So, amid these harsh words and ill will, is born the illegitimate child Verminaard. He grows up unloved, always in the shadow of his older brother, Abelaard, and eventually his half-brother Aglaca. The authors did an excellent job of fleshing out and developing Verminaard, resisting the ever-so-easy character who was an inherently malevolent monster from birth. No, Verminaard was pushed and molded and twisted by several outside forces to become what he did.

Oh yes, there are gods, dragons and ogres involved, but what good fantasy book wouldn't have them? And the ending? Before the Mask keeps you guessing all along. It will surprise you. Before the Mask is a must read, especially if you're a writer yourself, interested in a different approach, and a different end.

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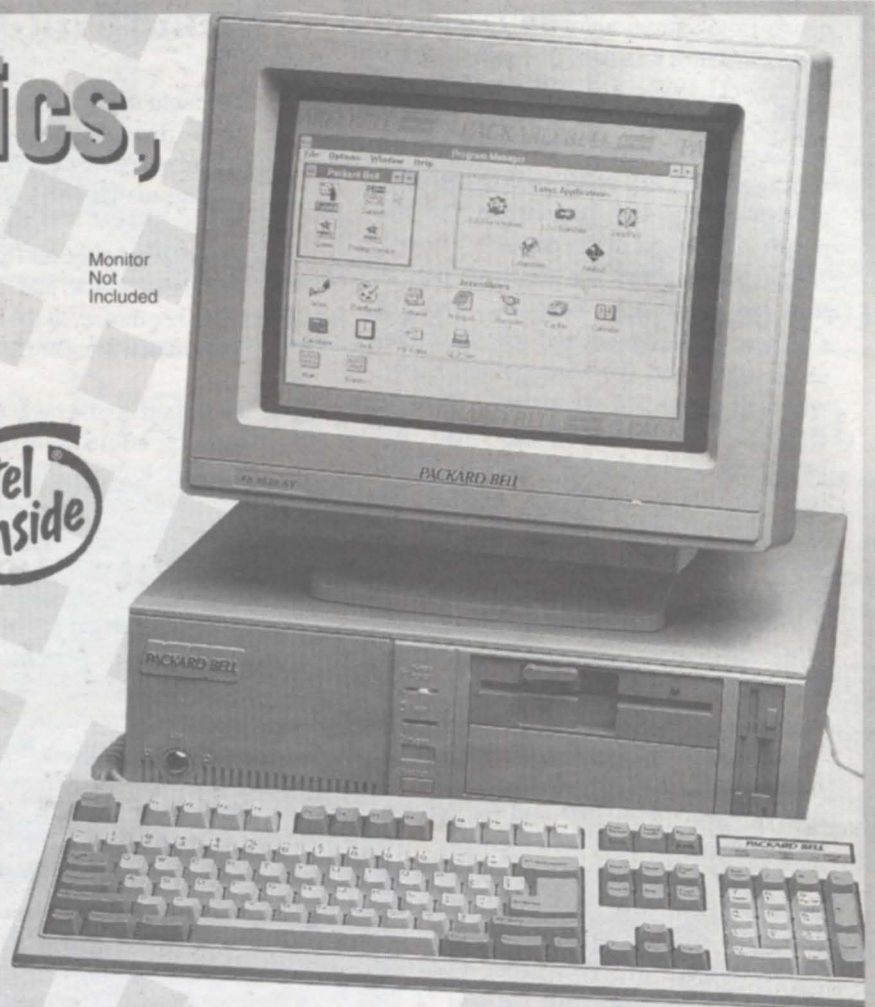
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SIGNS, continued from page 1

building or wing. The colors haven't been picked yet.

The funds for these new identifiers comes from a program of Build Illinois. A prebid meeting was held this past summer on July 21, 1993, and bid opening was held August 4, 1993 in the Capital Development Board (CDB) offices in Chicago. The CDB is the project manager of the project and responsible for the proper completion of the project.

The winning bid for the sign project went to SeeTouch Graphics, Inc. of Chicago, the designers and manufacturers of the signs, and the Metropolitan Corp., who will install the new signs. Work is expected to be completed by the beginning of the winter trimester. There may be some confusion during the switching of signs, Hassett said, but he hopes most of the students will already know where their classrooms are located.

PPO will be responsible for the removal of the old number plates and patching and painting the doors where the signs were originally affixed. This is being done to lower the cost of the project since funds from Build Illinois were limited to approximately \$180,000 and the original bids were higher than the funding.

The Build Illinois funding also is being used to install new stack lighting in the library as well as replace old signs. The library project will cost about \$104,000 leaving the remainder for the cost of the new signs and installation figuring in a minimum five percent contingency amount that CDB requires on any project they supervise.

Hassett wasn't sure if he would be able to afford to do both projects with the allotted funds, but with some reworking of what was required of contractors, he was able to fit them both in. "I'm happy about getting both projects within the budget," he said, especially after all the time and effort spent on trying to get these projects started.

Queen's Knight Out

By J. B. Godfrey

TACTICS IN THE GRUNFELD Gennady Nesis C 1993 \$19.95

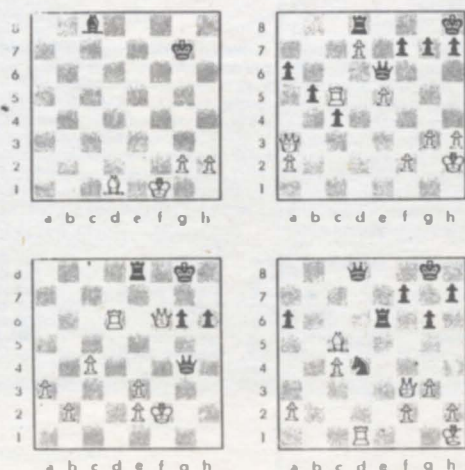
"Tactics in the Grunfeld" covered tactical positions in the Grunfeld opening. The tactical positions were very entertaining. However, I felt the book could have been better organized. I personally would have preferred looking at more current games. I also believe the book was too broad. I would not recommend this book for anyone with a chess rating over 1800. This book seems to be for remedial players. **BEATING THE GRUNFELD** Anatoly Karpov C 1992

Generally I do not like books like this, however the analysis was very insightful. Remember, books of this nature tend to be biased. The ex-world champion not only provided excellent analysis, but also had some constructive games to go along with the analysis. If you're planning to play the Grunfeld, or against it, this book is for you. I would recommend this book to anyone with a rating around 1600, and is really interested in trying to improve their game.

Both books are published by: Henry Holt & Co. 115 W. 18th New York, N. Y. 10011

In position 1 black will draw, position 2 and 4 white is to win, and position 3 black is to win.

Answers: 1) 1... Bh3 draws immediately. 2) 1. Rc8 RxR 2. Qc7 wins. 3) 1... Rf8 2. Rd8 Qh4ch wins. 4) 1... Re1ch 2. Kgl Rglch wins.



The Night The Wood-Notes Cried

The night the wood-notes cried
To the rhyming of the wind,
Where shadows played mid black pines,
The fall-mulch, soft with needles, spread.

Misery was in the air that night
The Hawk struck, and
From her throne, at the stroke of midnight,
The Golden Songstress fell.

To her aid bound ragged Robin
Alas! his efforts were in vain
His lady-love lay lifeless in his arms;
Her tufted gold-dress, crimson-stained.

Beside the woodsy-stream, he carried her
To a place where meadow-sweets dwell,
And he feathered her bed
Of thistle-down and heather bells.

Through Winter's-cold endless morrows,
With tears, he bears his pain
And sows his grief-stricken sorrows
To seed her grave.

And after Winter's-grieved
To honor-give his love,
In perennial manner, doth
The garden wake.

Glenda Devine

Errata

In the Environmental Survey Results in the last issue of the Innovator the wrong copy of the results was accidentally sent to page layout. Question 14 incorrectly implied that plants are unable to absorb the excess carbon dioxide generated by industrial activity. In actuality, plants do absorb CO₂ at a fixed rate, but this rate is inherited from far in Earth's geologic past, when CO₂ levels were much higher. Current research suggests that plants absorb roughly 52% of industrial CO₂ emissions each year, leaving the other 42% in the atmosphere.

Scientists Renew Concern Of Feedback Adding To Global Warming

Edited by Adrian Forte

Two studies have appeared recently in the scientific journal *Nature* which underline past warnings that "feedback mechanisms" could accelerate global warming from fossil fuels, according to climate experts Daniel Lashof and Michael Oppenheimer of the Natural Resources Defense Council (NRDC). In an article published on the EcoNet electronic network, Lashof and Oppenheimer say a large "pulse" (sudden increase) in the level of greenhouse gases in the Earth's atmosphere could result from these mechanisms.

One study examines storage of carbon dioxide in the tundra of Arctic regions, a process that has been going on since the last ice age, and concludes, the two said, that "sometime during the last few decades this process has reversed." Instead of storing CO₂, the tundra is now releasing it on balance, to the tune of some 200 million tons of carbon per year. "By itself," Lashof and Oppenheimer note, "that is not enough to produce a major climate feedback, but it is about twice Canada's fossil fuel CO₂ emissions."

The second study indicates that dying plants and forest fires resulting from increasing global temperatures will "release CO₂ to the atmosphere much faster than colonization [by new species of plants] and regrowth can [absorb it]," they said, making the biosphere "a source of about two billion tons of carbon per year for more than a century." Rapid approval of the pending international climate convention, the two said, is needed to ensure that these feedbacks and others are stopped before global warming gets out of control.

Student Literary Magazine Needs Advice, Contributions, And Assistance...

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